

in transformation. Gestalt therapy, developed by Fritz and Laura Perls, Paul Goodman and Ralph Hefferline had a clear identity and was part of the human potential movement in America. What has happened to the strength of the Humanistic therapies as the third force in psychotherapy, with the aim of re-humanizing society (and psychiatry)? Where are the limits between changing, integrating, growing and losing identity?

I'm sure this conference topic will guarantee a lot of good and important presentations, panels, workshops and discussions. Join it, give your contribution, and go into the dialogue, and... let's meet!

Berlin is a good place to have this conference. Fritz Perls was born in Berlin and lived 40 years in this town (1893-1933). It's still underestimated how this period of his life, the contemporary spirit in this town, the social, cultural, philosophical and political background had enriched and influenced him, Laura and gestalt therapy. Let's take this conference as chances to (re-)discover these roots and backgrounds of gestalt therapy.

I thank the German Association for Gestalt therapy (DVG) as organizers of this conference for all the work, risks and enthusiasm they put into this project, which projects like this also need.

I invite you all to come to Berlin and make this conference to a great success!

Peter Schulthess  
President of EAGT

#### ■ Application/Information:

[www.gestalt2010.eu](http://www.gestalt2010.eu)  
[info@gestalt2010.eu](mailto:info@gestalt2010.eu)

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#### ■ Meeting place:

Hotel Estrel Berlin  
Sonnenallee 225, 12057 Berlin, Germany  
[www.estrel.de](http://www.estrel.de)

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#### ■ Payment by transfer to the conference account:

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09. - 12. September  
2010 in Berlin/Germany

10th Conference of the  
European Association  
for Gestalt Therapy -  
EAGT

Organisation/Host:  
Deutsche Vereinigung für  
Gestalttherapie e.V. -  
DVG



■ Dear colleagues,

We are pleased to invite you to the 10<sup>th</sup> Conference of the European Association for Gestalt Therapy (EAGT). It addresses a subject that is currently at the centre of many public debates as well as academic discourses: how to face the profound changes that we are witnessing today and that increasingly influence the way we live and work?

What are the resources and skills allowing for developing a sense of identity and acting in a rapidly changing environment. An environment that is characterised by flux and acceleration, an environment that is getting increasingly complex and unpredictable?

The conference brings together Gestalt therapists from all over Europe and beyond. The workshops, presentations and lectures offer the opportunity to explore a variety of perspectives for shaping change and identity in a changing world.

What are the resources and skills the individual needs in order to build a coherent sense of identity and making rewarding life choices in “liquid modernity”? How can we adequately balance field demands and our own needs and abilities? How can the Gestalt approach and its process-based concepts of self and contact, creative adjustment, figure formation, transformation and integration contribute to the development of skills and resources for leading a rewarding life in times of transformation.

We invite you to explore these questions in an international European context, to get into contact with Gestalt therapists

from all over Europe and beyond and to experience Gestalt Therapy as a vital approach that can make a difference to the way we live and work in a changing world.

The German Association for Gestalt Therapy (DVG) is honoured to host the conference. We hope you will join us in Berlin to share and experience the power of contact and creative adjustment in shaping change and building identity in a changing world.

With best regards,  
Board and Organisation Team  
of the DVG (Deutsche Vereinigung für Gestalttherapie e.V.)

■ Invitation to the 10th EAGT conference on gestalt therapy 2010 in Berlin with the topic:

“Lost in transformation?”

2010 is a year with several jubilees: It's the 10th conference of EAGT, in the year of EAGT's 25th anniversary. Already two good reasons to celebrate! But 2010 is also the year of the 100th birthday of Ralph Hefferline, the 20th dying day of Laura Perls and the 40th dying day of Fritz Perls, the 120th birthday of Kurt Lewin, the 140th birthday of Max Wertheimer.

But there are more reasons to have a conference to celebrate all these events, namely to look back to the roots and beginning of gestalt therapy in its concept, therapeutic and political impacts and to check out all the developments to contemporary gestalt therapy.

The question „Lost in transformation?” is provocative and will give good stimuli to discuss the limits of transforming concepts, mixing them with other concepts and integrating other developments in and outside gestalt therapy, based on progresses in sciences (i.e. emotion research, brain research) or connecting with different ways of spiritualism and transpersonal psychology (as it happened i.e. in Esalen, when Fritz left from there and Stanislav Grof increased his influence).

„There is no end on integration”, okay till so far. But on what background do we integrate? How is it surrounded by social and political environments? What philosophical, ethical and political implication and which effect do such „integrations” cause on the image of humanity? I think it is a good moment to ask such questions, in order not to get lost