

Samstag/Saturday

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12.00 – 13.00

Vortrag/presentation

## 082 - The “magical” “SOS” Business Gestalt triangle (A tool of a constant creative transformation).

Many Gestalt Consultants have difficulties in making clear to their business clients what they precisely have to offer. At the same time, they often face difficulties because of their lack of knowledge or experience, in “strict” business matters.

In this lecture, we will present an integrated tool (the S.O.S. Business Gestalt Triangle), that facilitates both, client and consultant, to exchange creatively identities and transform their unknown to each other sides and differentiations, into a common Gestalt path.

Sprache/language: englisch/english.

Stamatis, George, M.S. in Adults Education- GREECE; Gestalt practitioner and Business Consultant, coach and trainer. Teaches Business Communication in the Economical University of Athens. Author of five books.

Moraitou, Demi, C.A.M. in P.R-GREECE; Gestalt practitioner and Communication Consultant, coach and trainer. Graduate of the 4-year training program “Gestalt in Organizations”.

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## 083 - EAGT and PBI protecting Human Rights.

Peace Brigades International (PBI) is an international grassroots NGO that has promoted non-violence and protected human rights. The main focus of PBI is international accompaniment, for protecting human rights defenders threatened with violence because of their work, but also peace education.

HR&SR Committee is willing to support the work of PBI in various areas when it comes to emotional support of volunteers in preparation, field work and debriefing, individual and in team coaching.

During the Congress in Berlin 2010 PBI and EAGT will present their aims, activities and cooperation in the field of defending Human Rights.

Sprache/language: englisch/english.

Human Rights and Social Responsibility Committee / PBI, Guus Klaren, Ulrike Beck

Since 2004 the EAGT has a Human Rights and Social Responsibility Committee (HR&SR). This Committee aims to explore the interface between Gestalt Psychotherapy and the socio-political context, with specific reference to the advancement of human rights.

## **084 - The non-human environment: a new perspective in the Gestalt Therapy psychopathology**

The non-human environment, including spaces, objects, animals and plants, is the background of our social life. It is a background that is taken for granted both in the scientific literature and in our awareness, but, actually, has got its own importance which emerges in the pathologies where the basic certainties are trembling. In those, it becomes privileged relational environment, substituting the human relationships. In this optics it turns out to be a new key of reading to understand and cure our patients.

**Sprache/language:** englisch/english.

Giovanna Giordano, psychologist–psychotherapist from 1988, works in the Public Health Service and as private practitioner. She wrote a book (1997) and several articles about dwelling, the non-human environment as key of reading in some novels of Italian Literature.

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## **085 - Wenn Partner in Sprachlosigkeit versinken und nur die Fäuste noch sprechen Zur Dynamik gewalttätiger Episoden, deren Empirie und Ideologie**

In den letzten 30 Jahren haben wir uns in Politik und Öffentlichkeit damit abgefunden, dass Gewalthandlungen nicht nur in Partnerschaften, sondern auch in Familien den Mann als »Täter«, die Frau als »Opfer« oder als nur defensiv Handelnde oder die Kinder vor dem Vater Beschützende beschreiben

Auch für die psychotherapeutischen Berufe ist die öffentliche Diskussion nicht folgenlos geblieben. So haben fast alle Therapieverbände darauf verzichtet, ihre fallbezogene Empirie familiärer Gewaltdynamiken als Korrektiv gegen die in Öffentlichkeit und Politik grassierende Ideologie einer zweigeteilten Welt von friedlosen Männern und friedfertigen Frauen ins Feld zu führen. Gegen diese Tendenz muss Psychotherapie die Gewaltdynamik therapiepolitisch sich wieder aneignen.

**Sprache/language:** deutsch/german

Dr. Gerhard Amendt, Professor em. am Institut für Geschlechter und Generationenforschung der Universität Bremen

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## 086 - Supervision und Coaching in Organisationen - ein ganzheitlicher Ansatz beruflicher Beratung.

Formate beruflicher Beratung bedürfen aufgrund der neuen Realitäten in der Arbeitswelt der Weiterentwicklung. Ein ganzheitlich ausgerichteter Ansatz von Supervision und Coaching bewahrt im allseits gegenwärtigen Mythos der raschen Veränderung Bewährtes und integriert Neues. Grundlage dazu bildet ein transpersonal-bio-psycho-soziales Menschenbild und eine feldtheoretische Sichtweise der Organisation. Prozessbasierte Methodik fördert die im Beratungskontrakt vereinbarten Ziele. Unter Hinzuziehung von übergreifenden Sinndimensionen erhält die Entwicklung von Transversalitätskompetenz („Übergangsgestaltung“) aktuell besondere Bedeutung.

Sprache/language: deutsch/german

PhDr. Belzer, Manfred, Dipl.-Supervisor und Gestalttherapeut, vertritt einen ganzheitlichen Ansatz beruflicher Beratung in eigener Praxis. Ausbilder und Lehrsupervisor für Supervision und Coaching.

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Minilecture

## 087 - Transformation of school and children in school.

Ein Aspekt der gesellschaftlichen Transformationen wird sehr kontrovers diskutiert: die Veränderung der Schule bzw. der Kinder in der Schule. Es wird von einem „Erziehungsnotstand“ gesprochen. Eltern und Schule machen sich gegenseitig dafür verantwortlich. Ich möchte dieses Thema aus Sicht eines Förderschullehrers und Gestalttherapeuten beleuchten.

Sprache/language: deutsch/german

Zielke, Olaf: Ich bin Förderschullehrer an einer Schule für „Verhaltensauffällige“ und Gestalttherapeut.

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Workshop

## 088 - Phenomenological, Dialogic, Field and Process Based

Gestalt Therapy Film Demonstrations with Bob Resnick

Finally, contemporary Gestalt Therapy demonstration and training films that will hopefully retire “Gloria”. Bob Resnick, personally certified by Fritz Perls and chosen by Perls to introduce Gestalt Therapy to Europe in 1969, has been a Gestalt Therapist and trainer for 45 years. These films, at GATLA'S long running (39 years) European Summer Programs are with real people dealing with real issues. Professionally recorded, the films will soon be subtitled in several languages. Discussion, comments, questions and reactions will be encouraged. This feedback will be heavily weighed in the final editing and distribution of these films.

Sprache/language: englisch/english.

Robert W. Resnick, Ph.D., A well known International Gestalt Trainer and adjunct faculty at Gestalt Institutes worldwide for decades. Intending to write and produce demonstration films forever - he was a New York City taxicab driver in another life.

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## 089 - Early Recollection

Early Recollection: An early recollection is not a photograph of reality. It is the way that I experience this reality. For example, I have an early recollection from the time I was a little child. When I was 5 years old my father scolded me. I felt inadequate. That I remember this moment this early recollection, may express my 'hidden' feeling of inadequacy. Through painting and sharing in couples each participant may explore his recollection. Further work on a 'fish bowl'. Closure will follow.

Sprache/language: englisch/english.

Vlachoutsikou Panayota (Toula), Gestalt therapist (EAGT,ECP). Founded Gestalt training center. Trained doctors on psychosomatic aspects (Athens,Polyclinic).Author of the Gestalt Therapy book "And suddenly memory began to remember".

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## 090 - A Fresh Look at Phenomenology in Husserl and in Gestalt Therapy

Although Gestalt's method is phenomenological, the nature of the method itself is often not clearly understood. This presentation investigates Husserl's mature understanding of his method, and demonstrates how Gestalt therapy has inverted Husserl's position in a way that allows the therapist and client to gain access to how the client's actual living is ordered. Thus, significant aspects of the client's living become available for change through Gestalt methods of exploration and experimentation. As the ground of the client's patterns of response to others begin to shift, the client has a greater range of choice about how he or she lives through time and circumstances.

Sprache/language: englisch/english.

Sylvia Fleming Crocker, Ph.D., M.S., M.A., trained with Erving and Miriam Polster and at the Gestalt Therapy Institute of Los Angeles. She is a full member of the New York Institute for Gestalt Therapy. She is an international trainer, and the author of a number of Gestalt journal articles, book chapters, and a book, "A Well-Lived Life: Essays in Gestalt Therapy," now in its third printing.

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Workshop

## 091 - Voice Use and Social Process

How does the human voice work? Voice experiments as body experiments in Gestalt therapy. What do we learn from our patients' voices? How is Self experienced and reflected in voice? Hour Two - How do groups define themselves through voice use? What part does oral language and song play in our lives? How do families, groups, and nations teach individuals to use their voices? The workshop will be both didactic and experiential, and will include group discussion and singing and/or listening.

Sprache/language: englisch/english.

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Workshop

## 092 - The Cape Cod Model-A hopelessly Optimistic Model for Creating Transformational Change.

The Gestalt approach has proven highly effective in dealing with growth in this age of transformation. However it has primarily focused on individuals. Over the past 25 years, we, at the Gestalt International Study Center have been developing a model for creating transformational change for couples, families, groups and organizations. In this workshop The Cape Cod Model, based on Gestalt principles such as dialogue, holism, pragnanz and optimism will be presented. It will focus primarily on couples and include exercises and a demonstration.

Sprache/language: englisch/english.

Joseph Melnick, Ph.D. is the co-chair of the Cod Training Program of the Gestalt International Study Center. The founding editor of the Gestalt Review, he has recently edited (along with Edwin Nevis) Mending the World; Social Healing Interventions by Gestalt Practitioners. He teaches and trains worldwide.

## 093 - A Compass in our Life

Laura Perls said we are never really lost because we are always somewhere even if we do not know where we are. To live our life rooted in the basic principles of Gestalt Therapy theory: concept of field, dialogical relationship, contacting, etc. makes us feel fully present in every here-and-now with increased our awareness and hence our energy and vitality. The I-Thou relationship gives us the bearings on our life.

In this workshop, and in an experiential way, we will have the opportunity to experience some of these Gestalt Therapy principles.

Sprache/language: englisch/english.

Carmen Vazquez Bandin, Ph.D., Clinical Psychologist. Gestalt psychotherapist. Founder and director of the Centro de Terapia y Psicología.-CTP and the CTP Training Institute for Gestalt Therapy in Madrid, Spain. ECP of EAP. Master in Clinical Psychology.

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## 094 - Gestalt therapy of psychosomatic disorders.

The workshop presents theoretical model and methodical strategies of Gestalt approach to psychosomatic disorders. The workshop begins with a theoretical presentation on: 1) general sequential scheme of origination of psychosomatic symptom; 2) dynamic structure of a symptom; 3) some strategies in the work with symptom. The (major) experiential part of the workshop gives participants a chance to feel the atmosphere of a psychosomatically-oriented therapy group. It includes warm-up and «self-presentations» and pair interactions with body parts. A short personal therapy session is possible.

Sprache/language: englisch/english.

Oleg V. Nemirinsky, Ph.D., the founder and director of Moscow Inst. for Gestalt Therapy and Consulting. The author of "Personal Growth in a Therapy Group" (1999). Teaches GT in Russia, Belarus and Ukraine for 18 years. Past president of the Association of Russian-language Gestalt Institutes, ARGI's representative in the EAGT.

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Workshop

## 095 - Partnership - lost between „traditional“ and „modern“ role expectations

The number of singles is growing, as well as the awareness of a fact that keeping a partnership alive is become a hard job. Traditional roles and rules of behavior gave clear orientation to what should men and women do if married, and now the ideas of emancipation came even to the villages of Bosnia (or Schwarzwald, or other isolated places). This transition of partnership patterns lasts now almost 100 years, the new models of a family are there, and parallel men and women have traditional introjects concerning responsibilities and expectations of another sex which causes problems in everyday life. In the workshop we will work with cultural introjects concerning gender roles, and the polarity of belonging and autonomy trying to find out how to come in contact in this field of tension. If there is contact, awareness and dialog the transition in some new partnership should be possible.

Sprache/language: englisch/english.

Irena Bezic, Gestalt therapist, clinical psychologist MA, trainer/ leader of Gestalt education at IGW Croatia, Supervisor, Imago-Relationship therapist, private practitioner in Zagreb, Croatia, since 1994.

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Part 2

Panel

## 096 - „Berlin Jews in the early 20th century, a ‘brilliant’ creative-adjustment.“

Panel participants will give their personal perspectives on that remarkable combination of art and politics, science and literature, thought and action that constituted the cultural life of Berlin in the early 20th Century.

One theme will relate to the functioning of creative-adjustment within that social field. The second theme will be the specific ways the Jewish intellectuals offered their own perspectives reflecting the particular nature of their creative-adjusting during that period.

Berlin in the early 20th Century will of course be understood as the ground for Fritz Perls's development.

Sprache/language: englisch/english.

Michela Gecele, psychiatrist, teaches on the Training Programs of the Istituto di Gestalt HCC She is a member of the HR & SR Committee of the EAGT. She has authored articles, chapters, and books in the field of psychiatry, psychotherapy, and transcultural matters.

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Susan Gregory, Gestalt therapist, also teaches singing; past president NYIGT; article on Elsa Gindler in archives Gindler/Jacobi Foundation; chapter on therapeutic singing published Healing with Art and Soul, Cambridge Scholars' Press.

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## 097 - Note System for Gestalt Therapists

1+3 note system for gestalt therapists is a free-of-charge and easy-to-use structured note system. With only a few minutes of reading prior to each session the therapist will have refreshed memory of both the clients background history as well as a solid overview of the course of the therapy. It will enable the therapist to conduct the therapy with a continuing therapeutic strategy rather than simply a skillful here & now approach. Stefan Green Meinel will explain the use of the note system and also introduce Process a workbook for clients which has similar benefits for the client.

Sprache/language: englisch/english

Stefan Green Meinel - Gestalt Therapist and Touching Dialogue Therapist. Private practice since 2000. 4 years as chairman of the board in a Danish gestalt association (GIT). Designer of „1+3 note system“, author of Process a workbook for clients.

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## 098 - SEXUALITY: from destructive violence to healthy and creative aggressivity.

Sexuality is an essential theme to broach in every therapy. To live and grow in the environment, means necessarily to aggress it, to bite in it, in order to feed from it. How can this healthy aggressivity, which is necessary to a satisfying sexuality, be differentiated from the violence of sexual aggressions and abuse?

Based on our clinical expérience, in individual and group conditions, we can say that: almost all sexual difficulties, that are not of physiological or iatrogenic (secondary effects from medicine intake) origin, can be linked to a bad management of aggressivity.

A written report giving some pieces of theory will be distributed to participants.

Sprache/language: englisch/english

Brigitte Martel has been vice Director of the Ecole Parisienne de Gestalt. She wrote: Sexualité, amour et Gestalt.

Gonzague Masquelier is the Director of EPG. He wrote: Gestalt therapy: Living Creatively Today. They has over fifteen years experience in leading training groups, dealing with sexuality, in twelve different countries.

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## 099 - Bringing research back home to the clinician: evidence-based research or practice-based research.

The presentation will critique the over emphasis on evidence-based research, particularly randomised control trials (RCTs) and take issue with attempts to use research to assert the supremacy of some modalities over others. Instead the case will be made for relational centred practice-based evidence that can help to bridge the gap between academic research and clinical practice.

Sprache/language: englisch/english.

Dr. Evans, Ken has been president of the EAGT (2002-2008), EAIP (1996-1999) and EAP (1994). He is a social worker, priest, farmer and..... what next?

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## 100 - Vision in Supervision...as a “spiral” process.

With this presentation we intend to share the transformation we experienced in our growing process while seeking the identity of our “Gestalt roles” in the Greek community for the last 12 years.

Being pioneers in the field of professional voluntarism, at first as trainees and later as trainers and supervisors, we realized that we were in a "parallel process" with the people we worked with. A "parallel process" in the "spiral" that is life, psychotherapy, supervision, cooperation in dealing with "changes in life"; agony, ethical dilemmas, burden of responsibility, opportunity, risk, personal growth...were the elements of this ongoing process that still motivates us to move and experience how "vision" can make the difference.

Sprache/language: englisch/english.

Hatzilakou, Katia, MSc Social & Clinical Psychologist, Gestalt psychotherapist, trainer & supervisor

Kafkopoulou, Alkistis, M.Sc. Education Psychologist, Gestalt psychotherapist

Kiletsi, Irene, BA Psychologist, Gestalt psychotherapist & supervisor

Konstantinidou, Antonia, MSc Social & Clinical Psychologist, Gestalt psychotherapist, trainer & supervisor

Mavridou, Maria, BA Psychologist, Gestalt psychotherapist & supervisor

Sadmon, Rama, M.Sc. Social & Clinical Psychologist, Gestalt psychotherapist & supervisor.

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## 101 - Lost in Shame

Some 12 years ago at the European Congress of Gestalt Therapy (Palermo 1998) I decided to present a reflection on the theme of "Shame". Whilst during these years having dealt with other themes such as Identity, Differences , Anxiety, Mother-Daughter relationship etc., shame continued to attract my curiosity... I would like to return to this theme and to re-explore from all that I know today. The lecture will consider shame from various different angles evidencing what has been written by writers, philosophers and artists about this basic human experience which until the eighties has been virtually neglected when considering mental health.

Sprache/language: englisch/english.

Giuliana Ratti: She trained in gestalt with Alberto Melucci and Michael Vincent Miller. She is an Ordinary Member of EAGT and has been a member of the Board of Directors of IGTA. She holds the certificate of EAGT (2002) and ECP (2006). She runs a private practice in Como and is a lecturer at CSTG (Centro Studi Terapia della Gestalt) in Milan.

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Vortrag/presentation

## **102 - Alfen – a creative approach to family therapy after the death of a child**

"Alfen is a fairy tale describing the inner survival strategy of a little girl whose sister dies. It is a story of her grief and how she copes with her parent's grief which is mostly unexpressed. Using Alfen as inspiration, Bente Kirk-Campbell offers courses, workshops and lectures for parents and children as well as professionals working with families who have lost a child. In this lecture Bente will describe how you can work with families with this kind of trauma. She will tell segments of the book and stimulate a discussion about the different ways children work to heal the suffering in the family. Bente is author of Alfen.

**Sprache/language:** englisch/english.

Bente Kirk-Campbell – Founder & leader of a Gestalt training institute for 26 years. Gestalt training with Tony Horn, Natasia Mann and Daniel Rosenblatt. Since 1982 I have had meaningful work with education, psychotherapy & supervision.

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Vortrag/presentation

## **103 - Gestalt Psychosocial relational model**

### **The psychotherapy changes of the liquid society today**

It is necessary to ensure if the current therapy approach is able to fulfil the contemporary man's suffering especially within a such discontinuous fragmented social frame work. The Therapy commitment seems to be linked to the self realisation pattern implosion and to the word crisis where the word is conceived as a communication bridge between the Self and the other. The Gestalt Psychosocial observation is focused on the relational dimension which is considered the core of the Gestalt Psychosocial approach. The liquid personality can only learn how to manage and to orientate the experience and the emotional expression thanks to a mutual relational contact limit implementation (namely a solid implicit ad explicit basis).

**Sprache/language:** englisch/english

Maria Mendlito: Psychologist, psychotherapist and writer. Currently President of the "Fondazione Italiana Gestalt" and President of the FISIG "Federazione Italiana Scuola ed Istituti Gestalt". She specialized in the Gestalt Therapy with Erving and Miriam Polster in the United States. She established the Training and Specialization School named "Societa' Italiana Gestalt", where she carried out activities focused on the latest innovations and researches on the Gestalt Therapy technique. She elaborated the Gestalt Therapy method, which today she is committed to spread out through her school, seminars, international conventions, technical newsletters and books.

## **104 - Bausteine für eine sozialkritische Gestalt-Therapie mit zeitgeschichtlichem Hintergrundbezug?**

Zu rasche Gesellschaftsveränderungen zerstören identitätsstabilisierende Sinn- und Lebenswelten und begünstigen das Entstehen irrationalistischer Abwehrimpulse, die esoterische Evolutions- und Entwicklungskonzepte mit strukturell-faschistischem Ideologiepotenzial gedeihen lassen.

Wie diese über den spirituellen Selbst-/ Grundbezug in die aktuelle GT-Entwicklung hineinragen, zeigt ein Strukturperspektiven- und Feldansatz, der Perls' Selbst-Feld- und Ganzheitsbezug zeitgeschichtsorientiert weiterentwickelt. Dies macht wegen Europas Geschichte Sinn.

**Sprache/language:** deutsch/german

Daecke, Karin (Mag. Soz.), seit 1988 Gestalt-/Bewegungstherapeutin (DVG, BAPt), seit 1993 Arbeit mit Geschädigten aus New-Age-, New-Era-Projekten und NS-Familien, Autorin der Zeitgeschichtsstudie „Moderne Erziehung zur Hörigkeit?“

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## **105 - Für eine Psychologie gemeinsamer Situationen - Bausteine für ein neues Konzept in der Gestalttherapie.**

Der Begriff der "Situation" hat in Philosophie und Psychologie eine gewisse Tradition. Kürzlich haben einige Gestalttherapeuten diesen Begriff wiederentdeckt, zum Teil um das Konzept des "Feldes" zu konkretisieren. Allerdings bleibt hier noch viel zu tun. Mir erscheint es am wichtigsten, die Reichweite des Situationsbegriffs zu erweitern und ihn in ein nicht-individualistisches Konzept "gemeinsamer Situationen" zu überführen, wie es von manchen Phänomenologen vorgeschlagen wird. — In diesem Vortrag werde ich die Überlegungen meines Eröffnungsvortrags vertiefen und die Elemente einer Theorie der gemeinsamen Situationen genauer beschreiben.

**Sprache/language:** deutsch/german

Staemmler, Frank-M., Dipl.-Psych., arbeitet seit 1976 als Therapeut, Ausbilder, Supervisor, Autor und Herausgeber im Zentrum für Gestalttherapie, Würzburg. Er ist außerdem international in der Weiterbildung von Gestalttherapeuten und auf Kongressen tätig.

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Vortrag/presentation

## 106 - Identisch werden - Wie? Mit wem oder was? Warum überhaupt?

Überlegungen zur Identität auf der Grundlage von Salomo Friedlaender, Fritz Perls und hier nicht näher identifizierten Gestalten aus Religion, Philosophie, Kunst und Humor. „Elastisch identisch“ zu sein, darin sieht Salomo Friedlaender, dessen Philosophie eine wichtige Grundlage der Gestalttherapie ist, das wesentliche Merkmal einer gesunden Identität. Wie aber wird man „elastisch identisch“, ohne die Mitte in chaotischer Beliebigkeit zu verlieren.? Und worin besteht diese Mitte der Identität, dieses Selbst, oder wie auch immer man es nennen mag?

Sprache/language: deutsch/german

Dr. Frambach, Ludwig, geb. 1954, evang. Theologe und Pfarrer, Gestalttherapeut (DVG; DGIK), Pastoralpsychologe/Supervisor (DGfP), Meditationslehrer, Veröffentlichungen zu Psychotherapie, Spiritualität, Ökologie. l.frambach@gmx.de.

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Samstag/Saturday

11.09.2010

14.30 – 15.30

Minilecture

## 107 - Wandel des Gesundheitsbegriffs

Betrachtungen zum Gesundheitsverständnis, erst die Transformation zwischen gesund und krank öffnet einen Weg zur Heilung. (jenseits des Dualismus).

Durch meine langjährige Arbeit mit PatientInnen und KlientInnen im weiten Feld zwischen Schulmedizin, ganzheitlichen Heilmethoden, Psychotherapie möchte ich meine Gedanken und Wissen austauschen zum tieferen Verständnis was Gesundung sein kann, wie gerade durch die Kraft der Transformation ein Weg gefunden werden kann, im fortwährenden Prozess, die eigene Stimmigkeit zu finden und in jeder neuen „Krise“, die persönliche Schwingungsfähigkeit zu erweitern.

Sprache/language: deutsch/german

Schlageter, Elisabeth, Ärztin, Dipl.Psychologin, Psychotherapeutin, Ausbilderin AKG, Mutter von 2 Kindern. Ganzheitlich ärztliche Praxis, München. Seit Jahrzehnten setze ich mich mit der Frage, was ist gesund, wie werde ich gesund auseinander, durch mein breites Berufsfeld habe ich hier einen großen Einblick gewonnen und möchte ihn mit euch teilen.

## 069 - Identity and Change in a WorldCafé.

How much time and how much contact does the formation of identity need? How can Gestalt help me deal with transformation at work in a world gripped by radical change?

We would like to invite you to share ideas in a WorldCafé. This dialogical method suits people who want to get in contact and communicate actively and creatively about a particular topic. By trying it out together in the workshop, you will learn how this method works and how you can apply it yourself.

Sprache/language: englisch/english.

Brock, Romy, was born in 1962 in East Germany. After spending many years managing an international language school, she now works as a Gestalt organisational consultant specialising in processes of cultural change and their impact on professional and personal life.

Stahlmann, Katharina, was born in 1970 in West Germany. She now lives in Berlin, where she works as a Gestalt therapist and supervisor as well as an organisational consultant focusing in particular on political and philosophical issues. Katharina specializes in processes of organisational change and their consequences.

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12.00 - 13.00

Part 1

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Part 2

Workshop

## 071 - Dance and Gestalt. Anna Halprin's Life/Art Process.

Transformative potentials of art expression.

Anna Halprin's encounter with Fritz Perls lead to the development of the Life/Art Process, which focuses the awareness on physical, emotional and social changes initiated through movement, drawing and creative writing. By expressing the 'Gestalt' in drawing and translating the drawing into dance, a process of integration takes place which unfolds hidden messages to the dancer. Individual dances lead into processes of collective creativity which gives space for active confrontations with current life issues, leading the dance into a ritual with the intention to bring about a desired change.

Sprache/language: englisch/english.

Schom, Ursula, M.A., Dance and Gestalt Therapist, FPI Germany; Master of Arts in Dance Therapy, USA;

Practitioner, Halprin, USA. Private practice in Berlin and trainings in Europe. For many years co-teaching with Anna Halprin at Esalen Institute, USA.

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Part 1

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16.00 - 18.00

Part 2

Workshop

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09.30 - 11.30

Part 1

Samstag/Saturday

11.09.2010

16.00 - 18.00

Part 2

Workshop

## 074 - Die Konferenz des Lebens ...

... ist ein Kernstück der Tiefen-Ökologie, einer „Arbeit, die wieder verbindet“ (Johanna Macy) - die Zeit der Krise als Chance zum Großen Wandel begreifend.

Die Arbeit beruht auf Identifikation. Wir lassen uns „rufen“ von einem nichtmenschlichen Wesen pflanzlicher, tierischer, mineralischer, elementarer Natur. Nach einem Maskenbau beginnt die „Konferenz“: ein Spiel der Spiegelung zwischen menschlichen und nichtmenschlichen Wesen, wo wir uns als Teil eines Systems und die Erde als umfassendes Lebewesen erleben.

Diese Erfahrung kann einen weiteren Schritt bedeuten, den Großen Wandel mitzustalten.

**Sprache/language:** englisch/english and deutsch/german

Bittmann, Reinhild Anna, Gestalt-Therapeutin (Psychologische Psychotherapeutin), Tiefenökologin, mit vielfältigem Hintergrund. Langjährige (auch Team-) Praxis in Paar-Arbeit, Supervision, Coaching, Fortbildung, Therapie.

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Part 1

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Part 2

Workshop

## 075 - (Meine) weibliche/männliche Identität: wie weit beeinflusst sie (meine) Partnersuche.

Wir beschäftigen uns mit unserer eigenen Identitätsbildung als Frau und als Mann. Dabei folgen wir u.a. den Fragen:

- inwieweit hat meine Identität Auswirkungen auf meine Partnersuche und Partnerschaft?
- wie kann ich meine Kenntnisse über den Zusammenhang von Identität und Partnerschaft nutzen, um Klienten zu unterstützen.

Der Workshop findet in 2 Teilen statt, die nur zusammen gebucht werden können.

**Sprache/language:** deutsch/german

Hebel, Brigitte, Dipl. Soziologin, Gestalttherapeutin;

Kudziela, Rainer, Dipl.Soz., Gestalttherapeut, Körpertherapeut Loomie School of Calif.;

Scheffer, Michael, Psycholog. Psychotherapeut, Gestalttherapeut;

Weth, Petra, Dip.Kfm., Gestalttherapeutin.

Wir alle haben unsere Ausbildung im IGG gemacht, sind Gründungsmitglieder des IGF Hamburg und arbeiten in freier Praxis in Hamburg.

## 076 - Identität und Alterität: Praxis der Gestalt-Paartherapie auf dem Hintergrund der Philosophie von Emmanuel Levinas.

Die Liebe hat sich in unserer Welt - zum Überleben - weit zurückziehen müssen. Dieses Phänomen spiegelt sich oft in Paarbeziehungen. Liebespaare erleben dies als existentielle Erschütterung. Darin steckt die Chance mit dieser Erschütterung auf radikal neue Weise umzugehen, neue bewegliche Identitäten als Paar, Familie und Einzelner in diesem Wirbel von Liebes-Verlusten und In-frage-Stellungen zu gewinnen, das Fremd-Sein und das Vertraut-Sein in ein bewegliches Verhältnis zueinander zu setzen. Vielleicht geht es ja um das Fragen nach dem Verlorenen, das noch nie gefunden wurde, um das Neu-sich-durch-den-Anderen-finden, um das Gast-sein-beim-Anderen, um keinerlei Bescheidwissen, um kein Recht-haben, um keine Beschuldigung, vor allem keine manipulative Bemächtigung des Anderen mehr. Ohne vorgefasstes Ziel gerade die Zuspitzung von Konflikten zu ermöglichen, ohne Lösung ins no-mans-land aufzubrechen

Sprache/language: deutsch/german

Reinboth, Ruth, Psychol.Psychotherapeutin, Gestalttherapeutin DVG, Mitbegründerin und Ausbilderin IGG Berlin, lebt und arbeitet seit 1968 in Berlin

Haessig, Hans, Dipl. Supervisor, MSc., Psychotherapeut SPV, Lehrtherapeut FPI/EAG, Supervisor, Kunsttherapeut GPK, Verleger, Edition Sirius. Lebt seit 2009 in Basel.

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## 079 - Gestalt Multireferential Approach to Dreams (with demonstration)

Brief History

The King of Babylon and his 24 onirologists; temples of Esculapion; Freud proposed his interpretation of dreams in 1900; Jung and the idea of a transpersonal message; Since 1960, neuroscience has given new information; All warm-blooded animals dream; The foetus dreams in synchronicity with his mother; Our dreams allow us to read our genetic program and fix our memories; integrating the individual memory into the collective memory of the species, synthesizing the innate and the acquired.

Demonstration

I shall work with a volunteer around his/her dream and show 10 different approaches of the same dream

Sprache/language: englisch/english.

Serge Ginger

- Clinical Psychologist; trainer in Gestalt Therapy
- Founder of the Paris School of Gestalt (EPG)
- Professor in neurosciences in the Sigmund Freud University (SFU)
- Author of several books about Gestalt Therapy, translated into 15 languages

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Panel

## 108 - Gestalt Perspective on Psychopathology

Chair: Gianni Francesetti, M. Gecele

D. Bloom, J. Roubal, M. Spagnuolo Lobb, C. Vazquez Bandin

Since its origins, Gestalt Therapy has looked at the clinical suffering in a positive way as a creative expression of the human being. Even though this perspective is a fundament of our model, it does not exhaust the discussion about human suffering and Gestalt Therapy's possibilities to comprehend and cure it. In this panel we will explore, through theoretical frames and clinical examples, the Gestalt perspective on psychopathology and its recent developments. This discussion is relevant not only for our clinical practice, but also for the dialogue with other psychotherapy approaches.

Sprache/language: englisch/english.

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Panel

## 109 - Editors' Panel

Chair: Margherita Spagnuolo Lobb

This panel will be presented by editors of Gestalt therapy journals worldwide who take part in the conference. It's a traditional meeting (every conference hosts it since a few years) which presents the themes that have been approached by journals recently and, through a positive critic from the editors and participants, tries to reach new lands of contents to explore, each journal with its own style.

Participants will be involved in an exercise of creative writing, and will take part in the dialogue on themes for next issues of the journals.

Previous panels have been useful to improve research in gestalt therapy and dialogue among journals and between journals and writers.

Sprache/language: englisch/english.

Margherita Spagnuolo Lobb: Editor of the Italian Journal „Quaderni di Gestalt“, co-editor of the international journal „Studies in Gestalt Therapy. Dialogical Bridges“

## 110 - „The Revolutionary Consequences of the „Law of Prägnanz“

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16.00 – 18.00

Workshop

In the country in which I work, gestalt therapy gets more and more credibility. With this recognition, I see at the same time a loss of the revolutionary, exciting concepts of Gestalt therapy. One of those concepts is "the law of Prägnanz" formulated by Max Wertheim and Wolfgang Köhler. It says that every gestalt becomes as "good" as possible - or takes the best possible shape. This law, however, is incompatible with major streams in health care dominated by medical science.

Sprache/language: englisch/english

Van Baalen, Daan, is co-founder of the Norwegian Gestalt Institute (NGI) and Rector of NGI college. He has developed training programmes in gestalt psychotherapy, coaching and organisational development in Norway, Netherlands and Belgium and is a Visiting Trainer in several European countries. While being a university lecturer at the Erasmus University, Netherlands he was engaged in research with chronic diseases and psychotherapy. He has written articles in several languages and is co-editor of the European Journal for Qualitative Research in Psychotherapy . Daan was External Relations Officer for the European Association for Gestalt Therapy (EAGT) and Chair of the Norwegian Association for Psychotherapy (NFP). He is a member of the board and recognised expert for the European Association for Psychotherapy (EAP), a member of the International Federation of Gestalt Training Organisations (FORGE), and serves on the Editorial Board of Gestalt Review.

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## 111 - "Disposed identity".

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16.00 – 18.00

Workshop

Goals

1. To explore the concept of identity by core elements of identity
2. To experience the pressure of loosing some elements of identity and absorbing new elements by imposition of changing context
3. To become aware of emotions that contribute those processes (fear, shame, anger, despair, hate, guilt)
4. Resolution possibilities: new meanings contra extremism(national, religious, racial, gender)

The workshop will be experiential with very brief theoretical part.

The basic purpose is to evoke the experiences of social transformation on identity and become aware of recourses that can help build coherent sense of identity in changing world.

Sprache/language: englisch/english

Mahmutovic, Edina, gestalt therapist, member of EAGT, coordinator for psychological work in PI Centre for Social Work Sarajevo, main activities: treatment for youth without parents, single mothers, reconciliation for people in Eastern Bosnia.

Bratina, Sanja, clinical psychologist, gestalt therapist, supervisor and educator, member of EAGT, working individually, in group and with couples, in region of Former Yugoslavia. Conducting private practice.

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Workshop

### **112 - "Who am I now, who am I in the future?"**

In this workshop we will explore our experience of ourselves in relation to the other in the present and the projection of ourselves into the future. Experimental drawings will be used to realize this exploration.

Sprache/language: englisch/english.

Lompa, Richard, MSc, is trained by many of the pioneers of the Gestalt movement with a special acknowledgment to Miriam and Erving Polster and Lora Perls. He has fulfilled many functions in the Gestalt movement in the Netherlands and Europe.

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16.00 – 18.00

Workshop

### **113 - A Passion for Life.**

Gestalt Psychotherapy can be viewed as an aesthetic and artistic endeavour. As such, it relies heavily on the embodied, energetic presence of the therapist and their capacity to enliven a field and work creatively within it. The workshop will offer a phenomenological exploration of a range of passions and an opportunity for workshop participants to reflect upon and share experiences and how we reflect our passion – creatively or otherwise. We will examine how different passions affect our relational selves and capacities. There will be a chance to debate and discuss how passion is present, or not, in our practice.

Sprache/language: englisch/english.

Osborne, Lynda, is Head of the Gestalt Department at Metanoia Institute. She is Vice Chair of UKCP Training Standards Committee and the UK representative to EAGT.

Denham-Vaughan, Sally, is a primary tutor at Metanoia Institute and an International Faculty Associate at the Pacific Gestalt Institute in California. She works in the NHS as County Lead for Psychotherapy/Psychological Therapies

## **114 - Aggression elements in therapeutical relationship.**

### **The Gestalt therapist perspective**

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16.00 – 18.00

Workshop

Therapeutical relationship I – Thou as Buber understands it, minimizes phenomenon of therapist's aggression towards client. During our workshop we analyse specific conditions of therapist's dominance over the client, and therapist's attitude in different phases of the therapy. Therapist's attitude we understand as a style of getting into contact, and in the aggression context we pay attention on two aspects of the attitude: deprivation and invasion. Deprivation in therapeutical relationship is the way of listening to the client that stops the therapist's reaction. It causes client's schemes and emotional habits repetition. Because of that therapeutical processes stop. Invasion in therapeutical relationship happens when therapist relates to his client in so active way that it blocks the possibilities of client's development. Both might be the reason of loss in transformation. Desirable therapeutical attitude in humanistic – existential modality is the dialog attitude. The dialog is the basic and target ability in therapeutical relationship for the Gestalt therapist.

**Sprache/language:** englisch/english.

Zofia Pierzchala is the Gestalt therapist and supervisor, a member of Polish Psychological Association, Polish Federation of Psychotherapy; in 1989 she co-created first in Poland Gestalt institute; since 2003 she runs Institute of Integral Psychotherapy Gestalt in Krakow - the institute runs many training programs (Gestalt Psychotherapy School, Supervisors' School) and research programs (Aggression in Psychotherapy).

Michał Kostrzewski is the Gestalt therapist, first supervisors' school graduate; running his own practice and working for Children and Youth Centre in Warsaw; cooperates with Institute of Integral Psychotherapy Gestalt.

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## **115 - Dialogue and Conflict Dialogue of Voice Personality.**

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16.00 – 18.00

Workshop

The main issue of the book and this seminar is the own inner attitude and personal identity as a voice personality in a high speed changing world. We are especially looking at dialogues at round tables, in conflict situations and in the context of mobbing and the challenge of voice personality in the field of leadership.

**Sprache/language:** englisch/english

Jochen Waibel industrial psychologist and voice psychologist BDP, coach and trainer in leadership, speaker and voiceperformer, founded the private institute Stimmhaus® Waibel can be considered a pioneer for vocal coaching and voice psychology.

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Samstag/Saturday

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16.00 – 18.00

Workshop

### **116 - The Gestalt approach in work with traumatised refugees: challenges, perspectives and orientation**

In this workshop we will present some central aspects of work with traumatised refugees in various settings from our viewpoints as Gestalt therapists. We will draw attention to the complexity of the field and the importance of taking into account different kinds of contexts – e.g. locational, historical and political, in decisions on interventions.

As professional helpers providing support for refugee clients' creative adjustments and identity crises in truly "difficult situations" we are faced with several challenges. How can we best respond to the clients' need for concrete support in an ongoing stressful situation while at the same time doing justice both to the evolving personal contact and their reactions to their traumatic histories?

We will make some suggestions as to how to find orientation in the complexity and give participants an opportunity to experiment with the perspectives they offer.

**Sprache/language: englisch/english.**

Winter, Deirdre, was born in England and has been living in Berlin since 1975, Gestalt therapy training at TIG Berlin and with GENI Frankfurt. Psychologist and freelance therapist at a centre providing psychotherapy for politically persecuted persons and refugees and translator and interpreter for German and French.

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16.00 – 18.00

Workshop

### **117 - "The road of happiness: trusting change, changing in trust".**

Change is inevitable. Nowadays, this process is characterised by speed and many possibilities of interaction. In this course of change, the sense of happiness is often influenced by the tension created between the need to trust and the fear of vulnerability.

In this workshop, we are going to explore several dimensions of the dynamics of trust and distrust, as individuals, professionals and citizens, in the current field.

**Sprache/language: englisch/english.**

Chantziara, Demetra, BSc(hons)Psychology. She is a Gestalt therapist in private practice, working with individuals and groups and in organisations for patients with cancer.

Gkioni, Konstantina, MSc in Mental Health. She is a Gestalt therapist in private practice, working with individuals and groups and has also worked in parent's counseling programs and in schools for children with disabilities.

### 118 - Lost and Found in Translation.

The workshop will explore the experience of living with a different language than the mother tongue, and particularly the transition from self process in the mother tongue (L1) to self process in the second, adopted language (L2).

Gestalt, with its use of embodied dialogue, phenomenology and field theory, is uniquely placed to discover what is lost and what is found in the immigrant's linguistic journey, for example:

Do we 'translate' ourselves for the Other, or do we re-invent ourselves?

Do we carry cultural introjects from L1 to L2, or do we throw them out?

How does this emerge in the therapeutic field when the client, the therapist or both are using L2?

Sprache/language: englisch/english.

Gartner, Joelle: I am a psychotherapist, supervisor and trainer in Belfast (Ireland). I have been a teacher since 1974 and a gestalt therapist since 1998. Born in France of a French mother and an immigrant father, I have lived in Ireland since 1975.

### 119 - Gestalt Therapy at Psychosomatic States.

The psychosomatic as cause and consequence in the modern society is something that is very present at the urban, civilized and successful person. One of the organism's choices is to divert the first genuine sensation into psychosomatic symptom. Here, Gestalt therapy is setting in and it is offering to the person returning to his/her healthy polarity, developing his/hers mentality, learning to recognize his/hers feeling and learning to how psychological to process their feelings.

Sprache/language: englisch/english

Koprova, Biljana, (ECGP) was born on 8 June 1954 in Skopje. In 1987 she is specialist in Medical psychology. In 1991 she becomes Gestalt therapist. From 1991 leads gestalt training groups. She is founder of CFFHC and the MNAGT.

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Vortrag/Presentation

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Workshop

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Workshop

## 120 - Supervision und Coaching in Organisationen - ein ganzheitlicher Ansatz beruflicher Beratung.

Formate beruflicher Beratung bedürfen aufgrund der neuen Realitäten in der Arbeitswelt der Weiterentwicklung. Ein ganzheitlich ausgerichteter Ansatz von Supervision und Coaching bewahrt im allseits gegenwärtigen Mythos der raschen Veränderung Bewährtes und integriert Neues. Grundlage dazu bildet ein transpersonal-bio-psycho-soziales Menschenbild und eine feldtheoretische Sichtweise der Organisation. Prozessbasierte Methodik fördert die im Beratungskontrakt vereinbarten Ziele. Unter Hinzuziehung von übergreifenden Sinndimensionen erhält die Entwicklung von Transversalitätskompetenz („Übergangsgestaltung“) aktuell besondere Bedeutung.

Sprache/language: deutsch/german

PhDr. Belzer, Manfred, Dipl.-Supervisor und Gestalttherapeut, vertritt einen ganzheitlichen Ansatz beruflicher Beratung in eigener Praxis. Ausbilder und Lehrsupsvisor für Supervision und Coaching.

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Workshop

## 121 - „Buddhistische Psychologie“ in der Gestalttherapie: Identität, Achtsamkeit und das Loslassen von Identifizierungen und „stories“

Identität ist ein Konzept bzw. ein Konstrukt, weniger eine Erfahrung. Was es im Erleben gibt, ist die Ablehnung oder Akzeptanz von sich ständig verändernden „Identitäten“ oder „Identifizierungen“, von Geschichten über uns selbst, die beginnen mit: „Ich bin ...“, „Ich habe ...“ oder „Ich bin ein Mensch, der...“. Diese Geschichten erzählen wir uns und anderen ständig. Wer sind wir ohne diese Geschichten? Und wer sind wir ohne die Ebene des Vergänglichen? In einer Meditation im koreanischen Buddhismus stellen sich die Übenden immer wieder folgende Fragen: „Wer bin ich?“ oder „Wer sitzt jetzt gerade hier?“

Sprache/language : deutsch/german

Halle, Markus, \*1955, Schulpsychologe und Gestalttherapeut in Berlin.

Schwerpunkte: Die Verbindung von Gestaltberatung und -coaching und ressourcen- und lösungsorientierten Methoden..

Religion und Psychotherapie. Seit 2001 Dozent in der Buddhistischen Akademie Berlin und Mitveranstalter der jährlichen Tagung zum Thema „Buddhismus und Psychotherapie“.

## **122 - Keeping the flame burning.**

A workshop on the roots of Gestalt, giving the opportunity to discuss the issues, we raised in our lecture. For example:

Are we in contact with the roots of political and artistical element in Gestalt (Goodmann , Zinker)?

Do we really want to be a part of Main- Stream- Psychology?

How come so many teaching therapist of Gestalt are jewish?

**Sprache/language: englisch/english and deutsch/german**

Dr. Bongers, Dieter, (\*1951) is born in Cologne, Germany and was part of the 68 generation in Germany. He worked at different universities in Germany and now lives in Switzerland since nearly 20 years. His main working issues are male identity and violence, he teaches Gestalt and works with violent offenders.

Nurith Levi, Ph.D., M.S.W., C.F.T., Graduate of the Ratner Gestalt Program at Tel-Aviv University. Founder and elected chairperson of the Israeli Association of Gestalt Therapy. Member of EAGT. Dean of students and senior lecturer at the Beit-Berl College. In private practice in Tel-Aviv as individual, family and couple therapist, trains and leads Gestalt workshop in various academic and public institutions in Israel and Europe.

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## **123 - Relational Living Body to Living Body Communication:**

### **A Living Body in a changing world.**

Julianne wants to invite you on a journey into the wisdom of the Living Body. We will draw on exercises, experiential process, live supervision and demonstration with focus on:

- The knowledge, wisdom and longings of the body as a resource in an age of transformations
- From implicit to explicit communication: How does our own body respond to the stories the clients broadcast and how can we make explicit use of these physical responses and processes?
- The healing power of such a non-verbal dance which also encourages the body to speak and to be heard in a world which is in desperate need of finding our hearts.

**Sprache/language: deutsch/german and englisch/english**

Julianne Appel-Opper. Psychol.Psychotherapist,UKCP reg. Integrative & Gestalt Psychotherapist, Supervisor & Trainer. For 12 years she worked in various countries and is now in Berlin. She teaches and publishes internat. about her 'Relational Living Body' approach.

Samstag/Saturday

11.09.2010

16.00 – 18.00

Workshop

Samstag/Saturday

11.09.2010

16.00 – 18.00

Workshop

## **123 - Relationale Körper zu Körper Kommunikation: Der Lebendige Körper in einer sich ändernden Welt.**

Ich möchte Sie einladen auf eine Reise in die Weisheit des Lebendigen Körpers begleitet von Übungen, Selbsterfahrungsprozessen, live Supervisionen und Demonstrationen und mit folg. Schwerpunkten:

- Das Wissen, die Weisheit und die Sehnsüchte des Körpers als Ressourcen in einer Zeit des Wandels
- Von implizierter zu expliziter Kommunikation: Wie können wir unsere eigenen körperlichen Regungen und Resonanzen bewusst und achtsam in das therapeutische Geschehen einbringen?
- Die heilsame Kraft eines solchen non-verbalen Tanzes, bei dem der Körper seine Worte spricht und gehört wird in einer Welt, in der wir dringend einen Zugang zu unserem Herzen benötigen.

**Sprache/language: deutsch/german and englisch/english**

Appel-Opper, Julianne: Psychol.Psychotherapeutin, UKCP reg.Integrative & Gestalt Psychotherapeutin, Supervisorin u. Trainerin. 12 Jahre lang arbeitete sie in versch. Ländern und ist nun in Berlin. Sie lehrt und publiziert ihren Ansatz des „Relational Living Body“ international.

Samstag/Saturday

11.09.2010

16.00 – 18.00

Workshop

## **124 - The Journey of Sounds and Space.**

In this Workshop I am inviting you to experience ways of inner journeys guided by sounds and rhythms, using gongs and pulsating drums. Since ancient times, this may provide contact to inner visions, intuitive informations, and deep relaxation. Good for orientation, for changing perspective, finding new ways of – let's put it oldstyle – personal growth.

There are many ways of doing this in both single and group setting – I will show some of them practically, and we will share and discuss the realms of experience.

If possible, bring blankets and cushions.

**Sprache/language: deutsch/german and englisch/english**

Johannes Oehlmann, Dr. phil., Dipl. Psych., Musiker und Gestalttherapeut DVG. Konzerte, CD's, Veröffentlichungen. Supervisor am IGW und an der WIAP, Dozent an der FH Frankfurt in Musiktherapie. Praxis bei Marburg und in Frankfurt/Main, Fortbildungsseminare.

## 124 - Eine Klangreise.

In diesem Workshop lade ich zu einer Klangreise mit pulsativem Trommeln und Gongs ein. Diese ursprünglichen Instrumente werden seit alter Zeit dazu benutzt, um innere Reisen zu begleiten. Der Kontakt zu Innenbildern und der eigenen Intuition gibt einen guten Grund, um sich neu in der Welt zu orientieren, und Entscheidungen zu treffen.

Ich vermittele praktisches, handwerkliches und wissenswertes über Klangreisen im gestalttherapeutischen Kontext in Einzelarbeit, in Selbsterfahrungsgruppen, und im klinischen Bereich.

Bitte Decken und Kissen mitbringen.

Sprache/language: deutsch/german and englisch/english

Johannes Oehlmann, Dr. phil., Dipl. Psych., Musiker und Gestalttherapeut DVG. Konzerte, CD's, Veröffentlichungen. Supervisor am IGW und an der WIAP, Dozent an der FH Frankfurt in Musiktherapie. Praxis bei Marburg und in Frankfurt/Main, Fortbildungsseminare.

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## Galadinner

Samstag/Saturday

11.09.2010

20.00

Im Anschluß an das Galadinner haben wir ein musikalisches Programm zusammengestellt

The galadinner will be followed by a musical event:

## Ayassa

Ayassa, since 2003 this band loves to play at all kind of national and international events. Starting from traditional Klezmer-, Balkans- and Gypsystyles Ayassa creates its own language of the soul: Sometimes passionate and wild, sometimes tender and tragic.

The audience is invited to a exiting strawl through the world of rhythm passing by yiddish folk songs, Tangos, Waltzes, Gypsy-Swing and dance-music of the balkans leading to a lot of own compositions which seek to combine these various influences to one individual style. The audience is also invited to dance to this moving music.

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Ayassa, ein reisefreudiges Ensemble aus Hannover, spielt am liebsten rein akustisch und zeigt sich seit 2003 zu nationalen und internationalen Veranstaltungen. Sie nehmen sich Gypsy-, Osteuropamusik und Klezmer, instrumental oder mit jiddischen Texten als Ausgangspunkt für ihre musikalischen Streifzüge, mit Freude und Schmerz, Verliebtheit und wilder Leidenschaft.

Es ist eine musikalische Reise über die Kontinente. Verwurzelt in der jiddischen Musik, die ohnehin vielerlei kulturelle Einflüsse in sich vereint, stellt "Ayassa" mal melancholische-romantische Lieder, dann wieder temperamentvolle Balkan-Tänze vor. Die Musik lädt zum Zuhören und noch mehr zum Mittanzen ein.

This event will be followed by the DJ Hans Eis with music to dance till the next morning ...  
Hieran anschließen wird der DJ Hans Eis Musik auflegen zum Tanzen bis in den Morgen ....

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Sonntag/Sunday

12.09.2010

10.00 – 11.00

Abschlußvortrag/keynote

### **125 - The changing identity of gestalt therapy in a changing world.**

No doubt, gestalt therapy has developed since its first conception and – hopefully – it will continue to change, grow and develop in future. Gestalt therapy is from the basics of its theory a process oriented conception with no end on integration. But this does not mean that „anything goes“. There have been several developments that are in contradiction to core concepts of gestalt therapy. Integration needs to be aware of theoretical implications. We have to be very attentive, if we do not want to get lost in transformation and do not want to sacrifice the best of our approach.

Sprache/language: englisch/english.

Schulthess, Peter, MSc, Zürich, gestalt therapist in private practice since 35 years. Teaching in Switzerland and Germany for the IGW (Institute for Integrative Gestalt therapy Würzburg) and in several other countries as guest trainer. Currently President of EAGT .

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Sonntag/Sunday

12.09.2010

11.30 – 13.30

Closing of the  
conference/  
Abschlußveranstaltung

### **126 - Closing of the conference/Abschlußveranstaltung**

At first: Thoughts, ideas and outcomes will be presented during the closing ceremony – rounding up the 10th EAGT Conference and preparing the first steps for the 11th EAGT Conference.

And then we will celebrate the final acting of the 10th EAGT conference:

Performance with Andreas Blase\*:

„many voices and many grooves“

training:

warming up and experiences with Voice - and percussion Circles

many human grooves lead to one pulsation ...  
many voices move to one improvisation song ...

perhaps we all, You and I in here and now, build a new transformation and no one is lost ...

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## 126 - Abschlußveranstaltung der 10. EAGT Konferenz

Als erstes sollen die während der Konferenz entstandenen Gedanken, Ideen und Ergebnisse „präsentiert“ werden, die 10. EAGT-Konferenz abrunden und erste Schritte zur 11.EAGT-Konferenz vorbereiten.

Und dann wollen wir gemeinsam den Abschluß der Konferenz und den Abschied feiern:

Performance mit Andreas Blase\*:

„Viele Stimmen und viele bewegende Rhythmen“

Training:

Aufwärmübungen und experimentelle Improvisationen mit Stimmkreisen und Rhythmuskreisen ...

Viele menschliche Rhythmen bilden eine gemeinsame Pulsation ...

Viele Stimmen entwickeln einen gemeinsamen Lied ...

vielleicht wir alle,

DU und Ich im Hier und Jetzt,

verwirklichen eine neue Transformation aus der niemand herausfällt ...

\*Andreas Blase, Gestalttherapist DVG, leader of the music therapy training at the HIGW

Andreas Blase, Gestalttherapeut DVG, Leitung der Musiktherapeutischen Ausbildung am HIGW

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Freitag/Friday

10.09.2010

12.00 - 13.00

Vortag/presentation

## 127 - "Gestalt Ecology®: 5 life-belts for a safe navigation on the stormy sea of relationships. A handbook to get oriented in the complex society"

Relationship is the psychical nourishment of mankind. Today's relationship dynamics in post-industrial society is influenced by permeating malaise, fear, incapability to get in touch with the other, and by the quest of individualistic or technological refuges. Our contribution to the conference topic would like to present five principles, „lifebelts“ to get oriented in the stormy sea of relationships: globality, limit, diversity, aesthetic, ethic; their application in psychotherapy as well as in counselling allows to improve five transversal skills.

Gestalt Ecology through these principles allows to engender proactive changes within the relationships context and within its actors.

### Sprache/language: englisch/english

Andrea Bramucci was born in Ancona, Italy, in 1959. He lives in Pesaro. Psychologist, specialized in Gestalt Therapy, he achieved a Master in Psychodiagnostic and in Forensic Psychology. Currently working as a psychotherapist with adolescents and adults, in individual and group sessions, he is also a clinical supervisor for therapeutic teams and a teacher in Counselling training courses. He is the President and charter member of the Cultural Association CIFORMAPER (Italian Centre for Psycho-Eco-Relational Training - Gestalt Ecology®)

Rosella De Leonibus was born in Perugia, Italy, in 1954, where she lives and works as a psychotherapist with adults, adolescents, groups and couples. She also deals with teams' training and supervision, and co-operate to prevention and educational projects with several public and private organizations. She is charter member of the Cultural Association CIFORMAPER (Italian Centre for Psycho-Eco-Relational Training - Gestalt Ecology®)

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Freitag/Friday

10.09.2010

14.30 - 16.30

Workshop/

Film presentation

## 134 - Flying Without Wings – Life With Arnold Beisser

With his whole life before him, 25-year-old national tennis champion and aspiring young surgeon, Arnold Beisser, was struck down by Polio. „In a few hours, without warning, I was transformed from a doctor to a patient, from an athlete to a cripple. Polio had ravaged me so that I could not stand, walk, sit, eat, drink or even breathe by myself.“

Psychiatry was one of the few options open for Arnold. As head of the residency program at Metropolitan State Hospital in California, Arnold brought Fritz Perls as a guest trainer, beginning a relationship that continued until Fritz's death in 1970. Fritz writes about his first meeting with Arnie in In and Out of the Garbage Pail. (Arnie writes about their relationship in The Only Gift.) Fritz is known to have said that Arnie's article, Paradoxical Theory of Change, was the best and most important one in his Festschrift.

Family, friends, colleagues and Arnold himself tell this inspiring journey of loss, acceptance, triumph and love - how he became a pioneer in sports psychology, UCLA Clinical Professor Psychiatry, leader in the community mental health movement, Gestalt trainer, and best-selling author.

Sprache/language: englisch/english

Liv Estrup, MA has been a Gestalt therapist in Santa Monica, California since 1971. A faculty member of Gestalt Associates Training Los Angeles, she specializes in working with couples and artists. She is co-author of "Supervision: A Collaborative Endeavor" (GR Vol 4 No 2) with Rita Resnick. Her interest in training, theory and photography led to producing the film, What's behind the Empty Chair? (©2000). The documentary Flying Without Wings was inspired by her 23-year relationship with Arnold Beisser and his wife, Rita.

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Freitag/Friday

10.09.2010

17.00 - 18.00

Vortrag/presentation

## 051 - The Four Levels Gestalt Game: „A New Approach for Facilitating Therapeutic Change.“

This paper presents a new practical approach that is thought to facilitate personal change in the process of psychotherapy. Based on many years of clinical experience in therapy groups, using gestalt games as their main therapeutic technique, the authors could integrate and develop various theoretical and clinical orientations into what they call "the four-step gestalt games approach". Through targeting the levels of patients' needs, wants, rights and decisions, the au-

hors could define a certain hierarchy for working through clients' personal and emotional difficulties in psychotherapy. The paper describes the theoretical and technical elements of the approach, supported by detailed clinical examples. Though developed in groups, the approach is assumed to work equally effective in individual, couple and family settings.

Sprache/language: englisch/english.

Refaat Mahfouz, MD, is a senior professor of psychiatry, Minia faculty of medicine, Egypt. He is the founder of the Minia Integrative Dynamic Model of Group Psychotherapy and one of the basic contributors to the development and growth of group psychotherapy practice and research in Egypt. He leads a team of colleagues in Egypt developing their integrative approach of group psychotherapy; an approach that draws its principles from many schools of psychological thought, modifying them to the Egyptian culture.

Mohamed Taha, MD, is a lecturer in psychiatry, Minia faculty of medicine, Egypt. He has been trained in group psychotherapy both in Egypt and in England. For the last decade, he has been working on the use of Gestalt games in group psychotherapy, analyzing their structure, functions and applications.

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Freitag/Friday

10.09.2010

17.00 - 18.00

Panel

## 128 - „Fields of the Self“

The 'Fields of The Self' theory finds itself at the 'contact boundary' between the psycho-relational approach of Gestalt Therapy and Ecology. The model of the 'Fields of The Self' is an attempt to answer to key question: 'where?' – that is, 'where' the subject is acting. The 'Fields of The Self' theory represent the possibility to read simultaneously on different inter-sides the 'contact' between a plurality of backgrounds, currently existing at the same time. It offers a useful tool to process the building of a multiple, ecological 'dasein', tuned with the new lines that identity assumes in the third millennium.

Sprache/language: englisch/english.

Andrea Bramucci was born in Ancona, Italy, in 1959. He lives in Pesaro.

Psychologist, specialized in Gestalt Therapy, he achieved a Master in Psychodiagnostic and in Forensic Psychology. Currently working as a psychotherapist with adolescents and adults, in individual and group sessions, he is also a clinical supervisor for therapeutic teams and a teacher in Counselling training courses. He is the President and charter member of the Cultural Association CIFORMAPER (Italian Centre for Psycho-Eco-Relational Training - Gestalt Ecology®)

Rosella De Leonibus was born in Perugia, Italy, in 1954, where she lives and works as a psychotherapist with adults, adolescents, groups and couples. She also deals with teams' training and

supervision, and co-operate to prevention and educational projects with several public and private organizations. She is charter member of the Cultural Association CIFORMAPER (Italian Centre for Psycho-Eco-Relational Training - Gestalt Ecology®)

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Samstag/Saturday

11.09.2010

09.30 - 11.30

## 064 - Relevance and Potential of the Gestalt Approach in the changing interdisciplinary context

### Issue

Panel

What is the special relevance of the Gestalt Therapeutic concepts for dealing with the current transformation process? In respect to the theoretical as well as to the practical level?  
Which of these concepts can be discovered in current research and theory building of other disciplines, especially of those which are seen as actually leading?  
Which new concepts in such disciplines encourage the advancement or correction of the own concepts?  
Which signs point towards a new view of the world as a whole and of mankind in the sciences?  
How far do these inputs support or refute the different concepts of the theory of Gestalt Therapy as a contribution to a future comprehensive theory of psychotherapy?

### Sprache/language: deutsch/german and englisch/english

Short summaries of all panellists in German and English will be available before the event takes place.

### Participants:

Kathleen Hoell, M.A., Gestalt therapist, former teaching therapist and University lecturer of Political Science, member of the Board of OeVG, numerous articles and presentations. Chair

Lotte Hartmann-Kotteck, Dr. med, Dipl. Psych., specialist in psychosomatic Medicine, Neurology und Psychiatry, teaching therapist DVG, DDGAP, DKPM, author of „Gestalttherapie“

Prof. Dr. Jürgen Kriz, Emeritus at the Institute for Psychology, Human Sciences at the University of Osnabrück, scientific field: Psychotherapy und Clinical Psychology. Working on the combination of humanistic und systemic Psychotherapy with natural-science-based system theory.  
Author of numerous books

Gerhard Stemberger, Wien, Gestalttheoretical Psychotherapist, teaching therapist GTP, Supervisor ÖBVP, author, co-editor of „Gestalt Theory“ and „Phänomenal“

Andreas Weber, Biologist, philosopher and writer. PhD research on „Nature as meaning. Attempt of a semiotic theory of the living“. Author of „Alles fühlt: Mensch, Natur und die Revolution der Lebenswissenschaften“ („Everything feels: Man, Nature and the revolution of the life sciences“ -

Thematik:

Worin besteht die besondere Relevanz gestalttherapeutischer Konzepte für den - praktischen und auch theoretischen - Umgang mit dem gegenwärtigen Transformationsprozeß?

Welche dieser Konzepte lassen sich in den aktuellen Forschungen und Theoriebildungen anderer, besonders der gegenwärtig leitenden Disziplinen wieder finden?

Welche neuen Konzepte existieren, die Korrektur oder Weiterentwicklung anregen?

Welche Anzeichen deuten auf ein neu sich entwickelndes Menschen- und Weltbild der Wissenschaft im Allgemeinen?

Wie weit stützen oder entkräften diese Inputs die Beiträge der Gestalttherapie-Theorie zu einer – vielleicht künftig möglichen - umfassenden Therapietheorie?

**Sprache/language: deutsch/german and englisch/english**

Es sollen Kurzpapers der Podiumsteilnehmer in beiden Sprachen aufgelegt werden

Podium:

Kathleen Höll, M.A., Gestalttherapeutin, ehem. Lehrtherapeutin und Universitätslektorin für Politikwissenschaft, Vorstandsmitglied der Österreichischen Vereinigung für Gestalttherapie, Zahlreiche Artikel und Vorträge. Moderatorin

Lotte Hartmann-Kotteck, Dr. med, Dipl. Psych., FA für Psychosomatische Medizin, Neurologie und Psychiatrie, Lehrtherapeutin für Gestalttherapie DVG, DDGAP, DKPM, Autorin des Lehrbuches „Gestalttherapie“

Prof. Dr. Jürgen Kriz, Emeritus am Institut für Psychologie, FB Humanwissenschaften der Uni Osnabrück, wiss. Fachgebiet Psychotherapie und Klinische Psychologie. Arbeit an der Verbindung von humanistischer und systemischer Psychotherapie mit naturwissenschaftlich fundierter Systemtheorie. Autor zahlreicher Fachbücher

Gerhard Stemberger, Wien, Gestalttheoretischer Psychotherapeut, Lehrtherapeut in der GTP, Supervisor ÖBVP, Autor, Mit-Herausgeber von „Gestalt Theory“ und „Phänomenal“

Andreas Weber, Biologe, Philosoph und Publizist. Promotion über „Natur als Bedeutung. Versuch einer semiotischen Theorie des Lebendigen. Autor von „Alles fühlt: Mensch, Natur und die Revolution der Lebenswissenschaften“

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Samstag/Saturday

11.09.2010

09.30 - 11.30

Workshop

**129 - Lewin - Gestalttherapie mit Gruppen**

In stationären und ambulanten Therapiegruppen leiden Patienten heutzutage verstärkt unter existentieller Unsicherheit, Ohnmachtsgefühlen, und gescheiterten Lebensträumen, deren Ursachen hauptsächlich gesellschaftlicher Natur sind. Anhand konkreter Beispiele werden wir

zeigen, wie der Gruppenleiter das kreative Potential und die Weisheit der Gruppe zur eigenen Entlastung und Förderung der Resilienz der Teilnehmer nutzen kann. Grundlage in der Gestaltarbeit ist dabei nach wie vor die Förderung der Wahrnehmungs- und Kontaktfähigkeit, sowie die Übernahme angemessener Verantwortung für das eigene Handeln im Gruppengeschehen.

**Sprache/language:** deutsch/german

Stefan Hahn, geb. 1968, verh., 3 Kinder, Heilerzieher, Gestalttherapeut, langjährige Erfahrung mit Gruppenleitung in der Psychiatrie

Josta Bernstädt (Dipl.Psych.), Gestalttherapeutin und Lehrtherapeutin mit langjähriger, vielseitiger Berufserfahrung.

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Samstag/Saturday

11.09.2010

Part 1: 09.30 - 11.30

Part 2: 16.00 - 18.00

Workshop

### **076 - Identität und Alterität: Zur Praxis der Gestalt-Paartherapie im Kontext der Philosophie von Emmanuel Levinas**

Wir stellen gemeinsam Fragen und suchen nach neuen Antworten für die „Sozialität zu zweit“ mit Levinas` Ethik der Liebe: „Die Berührung ist Zärtlichkeit und Verantwortung.“

Wir demonstrieren unsere Arbeit mit Modellklienten-Paaren.

**Sprache/language:** deutsch/german

Ruth Reinboth, Psychol.Psychotherapeutin, Gestalttherapeutin DVG, Mitbegründerin und Ausbilderin IGG Berlin, lebt und arbeitet seit 1968 in Berlin.

Hans Haessig, Dipl. Supervisor, MSc., Psychotherapeut SPV, Lehrtherapeut FPI/EAG, Supervisor, Kunsttherapeut GPK, Verleger, Edition Sirius. Lebt seit 2009 in Basel.

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