



- Changing Identities in a Changing World -

**10th Conference of the
European Association for
Gestalt Therapy - EAGT**

**09. - 12. September 2010
in Berlin/Germany**

**Gastgeber/Host:
Deutsche Vereinigung
für Gestalttherapie e.V. - DVG**



DEUTSCHE VEREINIGUNG FÜR GESTALT THERAPIE E.V.

EAGT

Specials

Freitag/Friday

10.09.2010

8.30 – 09.00

13.30 – 14.00

Samstag/Saturday

11.09.2010

8.30 – 09.00

13.30 – 14.00

Sonntag/Sunday

12.09.2010

8.30 – 09.00

002 - Klangraum/Transformation by sound in chewing time.

Wir - eine kleine Gruppe von Gestalt-Musik-Therapeuten - werden zur Morgeneinstimmung und zur Pausengestaltung einen Klangraum einrichten. Dort können Sie entspannen, verarbeiten, sich neu sammeln für die vielseitigen Eindrücke und Themen auf der Tagung, während wir an Klanginstrumenten wie Gongs, Monochord, Klangschalen und anderen wohlklingenden Instrumenten für interessierte Tagungsteilnehmer spielen. Gerne geben wir danach auch Auskunft über die Arbeitsweise eines Gestalt-Musik-Therapeuten oder die Instrumente.

We are a small group of four gestalt-music-therapists and we'll create a sound relaxation room for you in the morning and for your break. We want to invite you to relax, to assimilate, to gather your strength and collect your thoughts while we play on sound instruments like gongs, monochord, singing bowls and other melodious sound instruments. Then you can feel like a new man or new woman and receive new impressions and ideas on the conference. After that and if you like you can ask us about the instruments or about our work as gestalt-music-therapist.

Sprache/language: englisch/english and deutsch/german

Andreas Fieguth, Musiklehrer, Heilpraktiker (Psychotherapie), Gestalt-Musiktherapeut IGG, Musiker. Seit 2005 tätig als Musiktherapeut in der Neurologischen Rehabilitation/ music teacher, remedial practitioner (psychotherapy) gestalt-music-therapist IGG, musician, since 2005 work as a music therapist in neurological rehabilitation hospital

Barbara Metzger, Dipl. Sozialpädagogin, Heilpraktikerin, Gestalt-Musiktherapeutin DVG, Atemtherapeutin, Traumatherapeutin, Musikerin. Freie Praxis seit 1992 in Berlin. Lehrtherapeutin am IGG/ Social pedagogue, remedial practitioner, gestalt-music-therapist DVG, therapist in breathing, trauma therapist, musician, own practice since 1992 in Berlin, trainer therapist IGG

Kora Rogge, Diplom-Theologin, Gestalt-Musiktherapeutin DVG, Psychotherapie (HP). Seit 2007 Arbeit mit Kindern und Jugendlichen mit Verhaltensauffälligkeiten und Menschen im Wachkoma/ theologian, gestalt-music-therapist DVG, remedial practitioner (psychotherapy), since 2007 work with children and young people with behavioural disorder and people in coma.

Dr. Alexandra Takats, Dr. oec., Gestalt- und Musiktherapeutin seit 2002 (IGG Berlin) in eigener Praxis, Heilpraktikerin (Psychotherapie), Klangmasseuse, neurologische Musiktherapeutin, Dozentin/ Dr. oec., gestalt-music-therapist since 2002 (IGG Berlin) in own practice, remedial practitioner (psychotherapy), sound massage, neurological music therapist, lecturer in music therapy.

022 - Silent Room

- A silent Gestalt-Awareness-Class in the morning.
- A guided (sleeping meditation) at noon
- A workshop with Joel Agee on identity and letting go in the evening.

During these time periods the room may only be used by those who participate in the classes offered. These are:

- A silent Gestalt-Awareness-Class in the morning
- A guided (sleeping) meditation at noon
- A workshop with Joel Agee on identity and letting go in the evening.

At all other times of the day you may come and go as you wish.

Feuerbach, Johannes, works as a supervisor and couple therapist in Berlin. He calls his couple workshops „Danceable Relationships“ and uses a blend of Lomi Work, Gestalt and Tango to support liminal processes in order to deconstruct individual and couple identities. He is trained in educational science, is a Psychotherapist within the EAP and also works also as a consultant and coach.

Every day/jeden Tag

08.30 - 09.15

13.30 - 14.15

18.00 - 19.00

061 - „Chewing Time“

The two process groups on Friday and Saturday evening are moderated by Gestalt organization consultants and provide an excellent opportunity for contact, exchange and digesting. There will be a large group experience on Friday and small groups on Saturday.

The thoughts, ideas and outcomes will be presented during the closing ceremony – rounding up the 10th EAGT Conference and preparing the first steps for the 11th EAGT Conference.

An zwei Abenden (Freitag und Samstag) werden Gestaltorganisationsberater mit uns eine Gruppenarbeit gestalten. Diese soll einem Kennenlernen, Austausch und auch Ausklingen dienen, und zwar in einer Großgruppe am Freitagabend und in Kleingruppen am Samstag. Die während des Austausches entstandenen Gedanken, Ideen und Ergebnisse sollen am Sonntag in der Abschlußveranstaltung „präsentiert“ werden, die 10. EAGT -Konferenz abrunden und erste Schritte zur 11.EAGT-Konferenz vorbereiten.

Freitag/Friday

10.09.2010

18.15 - 20.00

Samstag/Saturday

11.09.2010

18.15 - 19.00

Programm/Program

Donnerstag/Thursday

09.09.2010

19.00 - 20.00

001 - Eröffnungsveranstaltung/Opening

Im Rahmen der Eröffnungsveranstaltung geben GestaltmusiktherapeutInnen des IGG Berlin musikalische Impulse. Zunächst werden exemplarisch europäische Lieder erklingen. Dieser musikalische Streifzug vermittelt Impressionen der Schönheit, Vielfalt und Besonderheit europäischer Kultur. Rhythmisiche Impulse werden dann die Zuhörenden einladen, die Transformation zu einem kollektiven Miteinander zu erleben.

At the opening event, gestalt music therapists of the IGG Berlin will perform to give musical inspiration for the meeting. They will start with exemplary songs from different parts of Europe showing some of the beauty, diversity and particularity of European culture. Rhythmical improvisations will follow, inviting all participants to enter into collective interaction.

Ab/Beginning 21.00

Im Anschluß an die Kongresseröffnung laden wir ein zu einem Eröffnungsbuffet, bei dem Sie erfrischende Getränke und herhaftes Essen erwarten ...

The opening celebration will be followed by a buffet with meals and drinks ...

Freitag/Friday

10.09.2010

10.00 - 11.30

Vortrag (Keynote)

003 - Toward a Psychology of Joint Situations: From the Cult of Aggression to a Culture of Compassion

In a fluid world it is easy to loose direction. Some of the basic concepts in gestalt therapy that were developed in the times of World War II, especially that of "healthy aggression," do not appear to be helpful to navigate the wild waters of today. What is different - ultimately the other human being - cannot adequately be handled with notions such as "destruction" and "assimilation."

To remain true to its values and to adapt itself to a globalised world, gestalt therapy has to transform itself. I will introduce the idea of the "joint situation," which is compatible with other basic concepts in gestalt therapy, especially those of "personal contact" and "dialogue." Conceiving of today's field conditions in terms of joint situations might be a means that can provide us with a new kind of orientation and help to cultivate connectedness and compassion.

Sprache/language: englisch/english.

Staemmler, Frank-M., Ph.D., clinical psychologist, works as gestalt therapist, trainer, supervisor, author and editor at the Centre for Gestalt Therapy in Würzburg, Germany, since 1976. He trains internationally and is a frequent presenter at conferences.

004 - Shifting from change through control to change through contact in a multinational Organizational Environment.

Freitag/Friday

10.09.2010

12.00 - 13.00

Case study: 21 Marketing Departments' employees from all over the world attended a 3-day training course last February, at a Pharma Organization in Frankfurt, which was led by 2 Gestalt Consultants and facilitated by myself.

Vortrag/Presentation

The 'Gestalt' language used by trainers and levels of resistance met due to the cultural differences of trainees, needed a special attention in this cross-cultural group.

I will discuss what happened in this event in terms of Gestalt-based learning for meeting global challenges and also my unique double role in this as being an employ of this organization (Dr.Jekyll) and bringing "Gestalt" into it as a consultant (Mr.Hyde).

Sprache/language: englisch/english.

Yannis, Angelis: I am working in the Headquarters of a Pharma Organisation in Frankfurt in the Strategic Marketing. Since year 2006 I am following the "Gestalt in Organisations" training program for consultants, held by the "Gestalt Foundation" in Greece.

005 - Search for Lost Identity.

Freitag/Friday

10.09.2010

12.00 - 13.00

Presentation is about Tuce Predrag's Identity Therapy emerged from the analysis of therapeutic processes applied on clients in his counseling practice during and after the Bosnian war.

Vortrag/Presentation

Presentation includes the manifestation of IT in Gestalt therapy, including the similarities and differences among different techniques, the goals of treatment, theories found in the basis of each therapy.

The conclusion outlines the work conducted on project, four youth without parental care. Individual and group work with users from the Gestalt therapy perspective has provided an insight into their problems with identity and its elements.

Sprache/language: englisch/english.

Bahtanovic, Aida: Psychologist, Gestalt Psychotherapist (Diagnosis of children with psychical and physical development disturbances, aid in solving problems of children with divorced parents, providing treatment for minor delinquents, etc.).

Freitag/Friday

10.09.2010

12.00 - 13.00

Vortrag/presentation

006 - History and Identity: Emigrants and Pioneers of Modernity.

In the gestalt approach, the dissident psychoanalyst and left wing German jew Fritz Perls embodied, integrated, and saved from oblivion the life and surviving experiences of the European orientated Berlin avant-garde culture in which Jews played an important role.

The author focuses on those experiences, which Perls shared with other emigrants from the expressionist generation, particularly in relation to themes like identity and that identity being threatened. The author emphasis the fact that integration as well as autonomy represent vital survival experiences, which in hindsight, made this generation pioneers of modernity.

Sprache/language: englisch/english

Dr. phil. Bocian, Bernd: 1985 – 2000 Mitglied Redaktion der Zeitschrift „Gestalttherapie“. Letztes Buch: „Fritz Perls in Berlin 1893 – 1933: Expressionismus – Psychoanalyse – Judentum“ Lebt und arbeitet in Genua. Mitglied der Intervisionsgruppe der Società Italiana di Psicoanalisi della Relazione.

Freitag/Friday

10.09.2010

12.00 - 13.00

Vortrag/presentation

007 - Gestalt Perspectives in the new Era.

Since the famous aphorism of Heraclitus "Everything flows" we know about the everchanging process in the Universe. The pace of transformation of societies and individuals is unprecedented. The gap between generations has been replaced by the gap between next door people. People are striving for power and personal success, nations alike. It looks like Fr. Nietzsche's "Will for Power" is being verified. Gestalt approach, with its processes of "Field, Dialogue and Contact" for uniting peoples and cultures without compromises, can, and should, play an important role: the alleviation of conflicts between individuals, groups, and even nations will be the stake in the new era.

Sprache/language: englisch/english.

Diplas, George, P.g.D. in Counselling, Strathclyde Univ. Trained at Gestalt Psychotherapy Methodology and Gestalt Foundation, and in PCA [Person Centred Approach] (Greece). Trained at Gestalt Foundation since 2002. Full member EAGT & GAC & EAC. 20 yrs. private practice, 8 yrs voluntary work with "Doctors of the World". Activist in the development of local communities.

Orfanou, Antigoni, grad. in Psychology and gained MSc in Professional Educational Psychology in UK. Trained in Gestalt Foundation (Greece). Full member of EAGT and BPS (British Psychological Society). Last ten years working as Gestalt psychotherapist and educational psychologist in private and public practice, worked as liaison psychologist & research assistant in General Hospitals in Greece.

008 - Stepping out of The Comfort Zone.

We are living in times of terrifying changes and big challenges. The basic factor in it is that the "maps" we carry seem not to be useful anymore. Several things which we considered safe are falling apart, other basic beliefs and facts are put in doubt.

Crisis and opportunity.

Crisis might become an opportunity when we dare to step out of the comfort zone. When instead of clinging on to the past situation we take advantage of the chaos, by contributing to new creations.

Gestalt therapy is an invitation to step out of our comfort zone through the contact in new experiences

Sprache/language: englisch/english.

J.Kato, B.Ellinger, M.Farmaki, M.Kochaniwicz

Freitag/Friday

10.09.2010

12.00 - 13.00

Vortrag/presentation

009 - The Laughter of Our Children - Gestalt Psychotherapy practice in the transition from armed conflict in Ireland.

Trauma is often pathologised. - Creative adjustment, the heart of survival is often misunderstood. With reference to the Paradoxical theory of Change, this workshop will explore questions relating to loss and creative adjustment, in particular how

- the freeze/dissociation response helps to structure meaning in the here and now for individuals and communities
- we work with the freeze/dissociation response in the nervous system in support of contact
- we re-consider social phenomena as manifestations of creative adjustment as examples of community responses to trauma.

Sprache/language: englisch/english

Keenan, Bríd: I work with adults, children and young people in Belfast in the context of transition from conflict. My particular interest is child development, resilience and transgenerational trauma in the process of peace building.

Freitag/Friday

10.09.2010

12.00 - 13.00

Vortrag/presentation

Freitag/Friday

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12.00 - 13.00

Vortrag/presentation

010 - Lost in "space"... "between" yesterday's promises and today's reality

During 2008 – 2009, a group of Gestalt therapists and trainees of Gestalt Foundation, in collaboration with the Greek Association of Alzheimer Disease and Relative Disorders, conducted a Gestalt therapy group for Alzheimer patients and carers. The therapy group was consisted both of men and women participants. The aim of this study is to focus on the transformation of the husbands of Alzheimer patients from care receivers - it is very common in the Greek community for women to serve their "men" - to care givers that undertake the household management along with the health care responsibility of their wives.

Sprache/language: englisch/english.

Hatzilakou Katia, MSc Social & Clinical Psychologist, Gestalt psychotherapist, trainer & supervisor

Dr. Giaglis George, Neurologist, _Sc in Medicine, PhD in Neurosciences, MSc Cognitive Psychologist, Gestalt Foundation trainee

Kalota Joanna, M.Sc. Counseling Psychologist, Gestalt psychotherapist

Karabatzias Aristotelis, Dipl. in Integrative Counseling and Psychotherapy, Gestalt Foundation trainee

Koutousi Popi, BA Psychologist, Gestalt Foundation trainee

Makridou Melina, M.Sc. Health Psychologist, Gestalt psychotherapist

Siampani Katerina, BA Psychologist. MSc Counseling psychologist, Gestalt Psychotherapist

Theofilou Marina, Dipl. Homoeopath, BS Psychologist, Gestalt Foundation trainee

Zioga Dimitra, BA Psychologist, Gestalt psychotherapist

Dan Bloom, JD, LCS, Fellow, New York Institute for Gestalt Therapy.

Freitag/Friday

10.09.2010

12.00 - 13.00

Vortrag/Presentation

011 - In and out the relationship pain

Gestalt therapy can make a significant difference to the well being of individuals in intimate relationships where traditional marriage structures fail to satisfy emerging, organismic needs. The presentation compares experiential dyadic relational processes of both authors in different

societies (one Indian, one European), within the framework of women's changing (or unchanging?) power and roles in these societies. Gestalt theory in the 1950's emerged from a mainly European, mainly male-centred space. The authors, both female, use their own dyadic relationship to unravel interpersonal processes and to investigate the deepening of relational intimacy.

Sprache/language: englisch/english.

Sidhu, Raksha, is a social worker in a mental health team working with young people with psychosis, and in the 2nd year to gain a Masters degree in psychotherapy at the Gestalt Centre London. Of Indian origin and divorced, she lives in London.

Mills, Annette, has worked in advertising, in teaching and as a writer. She is in the same year's training as Raksha at the Gestalt Centre, London.

012 - "Beauty will save the world". Gestalt therapy for couples, families and groups in a liquid society.

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12.00 – 13.00

Vortrag/Presentation.

Gestalt therapy with its focus on process, aesthetic values, creative adjustment at contact boundary well suites the support needed in a society where there is no time to rest, no commitment in relations, the globalization allows to travel easily from one pole to the other but at the same time doesn't guarantee boundaries any more, there is no certainty to remain in relationships, even to remain alive. The only value that we can rely on is contact in the here and now, and the playing our dance with the other with no certainty of what will happen next. Pedagogical and political models in line with Gestalt therapy will be outlined, based on an hermeneutic method.

Sprache/language: englisch/english.

Spagnuolo Lobb, Margherita, Ph. D., Lic. Psychol., dir. & founder Istituto di Gestalt HCC Italy, approved by Ital. Minister for Univers. Full Member NYIGT, Pst-Presid. & Honorary Member of EAGT. Editor journals Studies in GT. Dialogical Bridges & Quaderni di Gestalt.

013 - "Fieldtheory in transition: The social-political, ecological and economical dimension of fieldtheory".

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12.00 – 13.00

Vortrag/presentation

In order to deal with actual forms of global crisis we can make use of a specific form of post-contact awareness, leading to a different view on our identity, power and ethics. This brings us new perspectives on actual forms of global suffering and their healing.

Sprache/language: englisch/english.

Eva Titus: Psychologist; Co-founder Belgian/Flemish Gestalt Institute FMS; Co-founder Institute TARAB for Tibetan Philosophy and Psychology; Educational consultant University of Antwerp

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12.00 - 13.00

Minilecture

135 - Transformation und Veränderung nach den Ansätzen der systemischen Gestalt Organisationsberatung.

In diesem Beitrag werden die wichtigen Grundlagen der Prozessberatung, wie sie im Coaching und der Organisationsentwicklung von Edgar H. Schein entwickelt wurden, vorgestellt. Edwin Nevis vom Gestalt Institute Cleveland hat sie dann auf die Gestaltansätze der Organisationsberatung übertragen. Es kommen Landkarten der Transformation, wie sie bei Entwicklungs- und Veränderungsprozesses von Führungskräften und Teams , zur Anwendung.

Wir zeigen wichtige Prinzipien systemischer Gestalt OE wie Kontaktprozess, Konfluenz, Widerstand und die Marginalität der Beraterrolle auf und illustrieren dies an Fallgeschichten oder Übungen.

Transformation and Change in Gestalt Organization Development and Coaching.

In this Minilecture we show the basics of Process Consultation, as they have been developed by Edgar H. Schein for OD.

Ed Nevis from the Gestalt Institute of Cleveland has translated them into Gestalt OD. We present Maps of Transformation and Change, as they are used in Coaching of Leaders and teams. We show important principles of Gestalt OD like contact

Process, confluence, resistance and marginality of the consultant role and illustrate it through cases or exercises.

Sprache/language: englisch/english (und/and deutsch/german)

Prof. Dr. Gerhard Fatzer, Trias Institut, Uni Innsbruck, 8627 Grüningen, www.trias.ch

Schein Edgar „Führung und Veränderung“ mit G. Fatzer, EHP 2009

„Prozessberatung“ EHP 2004

Fatzer Gerhard „Gute Beratung“ EHP 2005

„Nachhaltige Transformationsprozesse“ EHP 2005

„Qualität und Leistung von Beratung“ EHP 2002.

„Gruppe als Methode“ EHP 2010.

„Supervision und Beratung“ EHP 1990.

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Vortrag/presentation

130 - Towards a Gestalt developmental view

This presentation will discuss how Gestalt therapy refrains from what traditionally were the developmental theories in psychology and psychoanalysis and will elaborate on Gordon Wheeler's suggestion of a whole-field developmental model as the most congruent to Gestalt therapy theory. Such a whole field approach to development can find some resonance on the most recent trends in psychoanalysis -self psychology and intersubjective systems theory- as well as on the results of the infant studies of prominent developmentalists as Daniel Stern.

Sprache/language: englisch/english

Elpida Kalaitzi is a counselling psychologist and a Gestalt psychotherapist. She has been trained in UK as well as in Greece. She currently works in Athens in a drug treatment unit and she sustains a private practice for the last seven years. What she presents here is part of her Gestalt training dissertation.

017 - Transformation of school and children in school.

One point of view of transformation in society is discussed controversial: the transformation of school and children in school. The situation is described as „Erziehungsnotstand“ – „educational crisis“. School and parents are holding each other responsible for this. I want to take a look to this situation as special-school-teacher and gestalttherapeut.

Sprache/language: englisch/english

Zielke, Olaf: Ich bin Förderschullehrer an einer Schule für „Verhaltensauffällige“ und Gestalttherapeut.

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12.00 – 13.00

Minilecture

018 - Infectious depression – therapist in danger!

Depression as relational phenomenon can be transformed in a therapeutic relationship. But what might be the price the therapist pays for that? What is the experience of a therapist in contact with a depressed client? Does he/she keep a safe identity of a healthy professional facing a per-

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Minilecture

son suffering from depression? Or does he let his/her identity form itself in the meeting with the client and then risk becoming infected with depression? And what helps the client? In the lecture I will present preliminary results of qualitative research of experience of therapists working with depressive clients and the hypothesis of "infectiousness of depression".

Sprache/language: englisch/english.

Roubal, Jan, M.D. is Gestalt therapist and trainer (Gestalt Institute in Prague), psychiatrist and teacher at Masaryk University in Brno, Czech Republic. He publishes articles about GT in clinical practice (especially with depression) and diagnostics.

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12.00 – 13.00

Minilecture

019 - Academic woman, in the early thirties, professionally successfull, socially well balanced - no partner: a consequence of changing identities?

In the last sixty years there was a change in relation to the role and function of women in society.

The meaning of profession and career as well as partnership and family have changed. I think, that these changes have an effect on the identity development of women. I am doing some research to examine if there are changes in identity of female academics in the last sixty years and how partnership and forming family life is influenced by identity. In my work as a gestalt therapist do these ideas help me in any way?

Sprache/language: englisch/english.

Brigitte Hebel, born 1958, Diplom Sociologist, Gestalttherapist. Trained at the IGG Berlin, further at GATLA, USA. I work in Hamburg as a therapist and supervisor, have co-founded the IGF Hamburg.

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12.00 – 13.00

Vortrag/presentation

020 - Blick zurück mit Hoffnung!

Jüdische und sozialistische Wurzeln in der Gestalt
(Perls, Goodman, Buber und Marx)

Tradition zu nutzen, heisst für uns die Flamme brennend zu halten (und nicht der Asche zu huldigen).

Wir wollen die Bewusstheit dafür erhöhen, wie wichtig die jüdischen und sozialistischen Wurzeln in der Geschichte der Gestalttherapie waren.

Wir möchten an das Umfeld und die Zeit erinnern, in denen die Gestalttherapie entstand, besonders in Berlin, wo die Nationalsozialisten nicht nur jüdische Menschen ermordeten (wie sie es mit den meisten Familienangehörigen von Lore und Fritz Perls taten) sondern planten, die gesamte jüdische Kultur und Tradition zu vernichten.

Wir beide haben sehr unterschiedliche Zugänge und Verbindungen zu diesem Thema, deshalb haben wir beschlossen ihn zusammen zu gestalten und vorzutragen. Um mehr TeilnehmerInnen zu erreichen haben wir beschlossen, den Vortrag zweimal zu halten – Englisch und Deutsch.

Sprache/language: deutsch/german

Dieter Bongers, geb. 1951, Dipl.-Psych., Gestalttherapeut, promov. 1984 „Männerselbstbilder“, Ausb. in Gestalttherapie am IGG Berlin u. Gestalt Institute of Cleveland. freie Praxis und Polizeipsychologe, Leiter der Anlaufstelle „Rechtsextremismus“ Basel.

Levi, Nurith, Ph.D., zertifizierte Sozialarbeiterin, Eheberaterin und Familientherapeutin, Gestalt-Trainerin, Supervisorin, Vorstand der Israeli Association of Gestalt Therapy, Tel Aviv.

021 - Eine Gestalt schließen? Oder können unsere heutigen flüchtigen Figuren noch Hintergründe bilden?

„...dass die Vollendung einer starken Gestalt selbst die Heilung ist; denn die Art des Kontaktes ist...die schöpferische Integration der Erfahrung selbst“ (Perls)

In dieser Minilecture soll der Frage nachgegangen werden, wie in einer heutigen Welt flüchtiger oft unpräziser Gestalten schöpferische Integrationsprozesse wieder angestoßen werden können. Die geniale Antwort der Gestalttherapie soll dabei auf moderne Konzepte aus der Traumatherapie (Nijenhuis) und der Soziologie (Ehrenberg) bezogen werden.

Sprache/language: deutsch/german

Dr.med. Falk ,C., FÄ für Allgemeinmedizin, FÄ für Psychosomatik und Psychotherapie, Gestalttherapeutin(DVG), Traumatherapeutin(DeGPT); Tätigkeit als Oberärztin in der Psychosomatischen Abteilung der Filderklinik bei Stuttgart.

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Minilecture

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14.30 – 16.30

Panel

023 - "Loss of identity caused by a changing world"

Actual fast and violent changes of the environment (often caused by abrupt destructive external social-economic and ecological causes) can damage our sense of identity, coherence and belonging. Working outside the therapy room with this "isolation" trauma, will be discussed by Guus Klaren (local communities in Africa) and Veerle Meurs (working with organisations in transition). They are supported by Eva Titus on bridges between theory, work and private life.

Sprache/language: englisch/english.

Guus Klaren: Gestalttherapist, supervisor and Gestalt practitioner in Public Health Organisations. Chair of Human Rights and Social Responsibility Committee of the EAGT; Senior partner of co-operation for Integrated Development Ghana

Veerle Meurs: Philosophical-Antropologist, Gestalttherapist; Privat practice (post-traumatic stress); Coaching of organisations in transition

Eva Titus: Psychologist, Gestalttherapist; Co-founder Belgian/Flemish Gestalt Institute FMS; Co-founder Institute TARAB for Tibetan Philosophy and Psychology; Educational consultant University of Antwerp

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Panel

024 - 25 years EAGT

Former and actual board members discuss the development of our European Organisation and look to its future.

Sprache/language: englisch/english.

Moderation: Peter Schulthess, Dan Bloom.

Schulthess, Peter, MSc, Zürich, gestalt therapist in private practice since 35 years. Teaching in Switzerland and Germany for the IGW (Institute for Integrative Gestalt therapy Würzburg) and in several other countries as guest trainer. Currently President of EAGT

Dan Bloom, JD, LCS, Fellow, New York Institute for Gestalt Therapy.

025 - "The Process Stage Praxis (PSP) perspective, or: Trimming process awareness on the basis of stage improvisation viewed through the Gestalt therapy philosophy".

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14.30 – 16.30

Part 1

In our times it seems that we are often over-intellectualizing, seeking for control.

Our awareness gets somehow "dampened", and so we are alienating from our own process.

Creative adjustment and identity building are loosening their experiential process-based fundaments.

The PSP perspective regards an innovative further trimming of our process awareness. The PSP exercises are linking the Gestalt philosophy with several aspects of stage improvisation. Their contribute is "tuning" one's own inner experience with external reality.

PSP is not art-therapy, psychodrama, drama therapy, animation.

No previous stage experience is required from the participants

Sprache/language: englisch/english.

Petros Theodorou (Greece) is a professional Gestalt therapist.

One of his interests is combining the Gestalt philosophy with stage improvisation. On this direction he formulated the Process Stage Praxis (PSP) perspective.

026 - Creating Ourselves or Giving in to Changes.

Freitag/Friday

10.09.2010

14.30 – 16.30

Workshop

A Result of our individualization is the creation of self images that are controlled by our will. Everything seems possible, without regard to limitations. Transformation as hybris. The potential for changes lies in the realization of limitations, this is a part of therapy. We want to use your voice to uncontrollably create and experience the transformation from the will to actual events. Just like Gestalt therapy, the method of the Lichtenberg voice model relies on the potential of self-regulation. This is a self-experience of the moods that you are willing to let resonate in your voice.

Sprache/language: englisch/english

Altenkirch, Sabine, Psychiatrist, Gestalt therapist

Martin, Dorothea, singer, singing teacher, speech therapist.

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14.30 – 16.30

Workshop

027 - Changing identities in changing group-fields: Co-creation and other surprises in changing relationships

We have learned from Kurt Lewin that a person's behaviour is a function of the field. Fritz Pearl pointed out that the self in turn creates the field with his or her perceptions and behaviour. The workshop will be about this two aspects of identity and about a third one: the all-encompassing bigger field of everything-nothing, within which the „Lebensraum“ is a field.

We use the possibilities of different group-settings and some tango-music to explore the rising and falling of identity.

Sprache/language: englisch/english

Feuerbach, Johannes, works as a supervisor and couple therapist in Berlin. He calls his couple workshops „Danceable Relationships“ and uses a blend of Lomi Work, Gestalt and Tango to support liminal processes in order to deconstruct individual and couple identities. He is trained in educational science, is a Psychotherapist within the EAP and also works also as a consultant and coach.

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Workshop

028 - „Buddhist Psychology“ and Gestalt Therapy: Identity, Mindfulness and Letting Go of Identifications and Stories

Identity is rather a concept or a construct than an experience. What really exists is the acceptance or rejection of constantly changing "identities", "identifications" or stories about ourselves that start with "I am...", "I have..." or "I am a person who..." We continually tell these stories ourselves and others. Who are we without those stories? Who are we without all that which is transitory anyway? In a meditation in Korean Buddhism the meditators keep asking themselves: "Who am I?" or "Who is sitting here?"

Sprachelanguage: englisch/english

Markus Halle, *1955, School Psychologist and Gestalt Psychotherapist in Berlin, Religion and psychotherapy. Lecturer at the Buddhist Academy in Berlin and at the annual conference on "Buddhism and Psychotherapy" in Berlin since 2001.

029 - Going deeper in a changing world.

Bjørg and Julianne want to offer a space for exploring the following questions on a phenomenological, existential and bodily level.

Who am I in this changing world? What are my challenges and struggles? What are my resources? Where is my support? Where is my power? What is my real truth? What can I do? We live different lives in different countries and speak different languages. The way we say and practice Gestalt is unique to each of us. We are curious how we can learn from each other and make more use of the richness Gestalt has to offer?

Sprache/language: englisch/english.

Tofte, Bjørg. is trained as a Gestalt Therapist and has a MA in Education and in Gestalt Psychotherapy. She works as a Gestalt therapist and organizational consultant. She works with individuals, couples, groups and organizations.

Appel-Opper, Julianne, Psychol.Psychotherapist,UKCP reg. Integrative & Gestalt Psychotherapist, Supervisor & Trainer. For 12 years she worked in various countries and is now in Berlin and works internationally.

030 - The Gestalt Therapist as the Student of the Client's Embodied Experience.

Our Gestalt BodyMind practice is based on the Cleveland's „Body Process“ approach as well as our background and work in the crisis zone and trauma stricken Israel. We enhance a bodily-grounded sensory language, as well as interventions and experiments in breath, voice and movement. We create experiences geared towards an attitude of „being with“ the client, to stay with the solitude, helplessness or suffering as companions into the client's internal world. We are deeply interested in the details of the client's experience, and offer to become the student of the client as a way of supporting awareness, ownership and empowerment.

Sprache/language: englisch/english.

Bursztyn, Arye, M.A., Teaches at the Seminar-HaKibbutzim Teachers' College, and Tel Aviv University. EAGT certified, an Associate Faculty at GIC, the Gestalt Institute of Cleveland, USA, specializing in Body-Process, chairman of the Gestalt Training in Israel (formerly IsraGIC).

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Part 1

Samstag/Saturday

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09.30 – 11.30

Part 2

Workshop

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Part 1

Samstag/Saturday

11.09.2010

09.30 – 11.30

Part 2

Workshop

Kaiser, Yaakov, M.A., is a psychotherapist in private clinical practice, teaches in various post-grad psychotherapy programs in Israel, EAGT certified, an Associate Faculty at GIC and the Gestalt Training in Israel, teaches BodyMind Gestalt Therapy at the Tel Aviv University.

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Part 1

Samstag/Saturday

11.09.2010

09.30 – 11.30

Part 2

Workshop

031 - Dum "spiral" spero; awareness, hope, change, life.

Movement in space and time through an endless action and reaction...contact with body, thoughts, senses, feelings... art, flow, life...

In this workshop we will have the opportunity to experience and explore our endless "human" possibilities through dancing in the "cycle of life"; the metamorphosis that emerges from "swirling" in the "contact cycle". A workshop that is addressed to Gestalt professionals and not only and that can be applied on training programs or/ and on experiential basis.

Sprache/language: englisch/english

Hatzilakou, Katia, MSc Social & Clinical Psychologist, Gestalt psychotherapist, trainer & supervisor, Member of EAGT, ECP Holder. She is co-founder of Gestalt Foundation, Psychotherapy & Training Center. She conducts workshops, lectures and meetings and coordinates the planning and realization of volunteer programs in the community in collaboration with institutions, organizations.

Katsamakis, Konstantinos, Kinesiologist, graduate of the Professional Dance School of Thessaloniki, Greece. He is a dance teacher to adults and has been collaborating with contemporary dancing groups as well as with the National Theater of Northern Greece.

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Workshop

032 - Continuity and Change in Gestalt Self Theory.

The Gestalt theory of self emphasises the flow of self-emergence in contact. Yet we also have a sense of ourselves as continuing beings, a continuity that we have to work to create, and which can both support and trap us. In this workshop we will explore the theory and therapeutic practice of continuity and change in self. There will be time for demonstration work and discussion.

Sprache/language: englisch/english and deutsch/german.

Philippson, Peter, M.Sc. is a Teaching & Supervising Member of GPTI, Full Member New York Institute for Gestalt Therapy, Founder Member, Manchester Gestalt Centre, author of 'Self in Relation' and 'The Emergent Self' and other writings.

033 - A Gestalt therapy model for couples and families: to stay with the beauty in a liquid society.

In a society where there is a shared sense of being "liquid", relationships are at risk, often they are just not possible. Intimate relationships today suffer of a lack of ground, and this has a negative consequence in the development of relational skills in children. In the workshop a model to work with couples and a model to work with families will be presented. Phases of the two models will be outlined and experienced, in order to allow participants to have a direct experience of them and possibly use them in their practise.

Sprache/language: englisch/english.

Freitag/Friday

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Part 1

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Part 2

Workshop

Spagnuolo Lobb, Margherita, Ph. D., Lic. Psychol., dir. & founder Istituto di Gestalt HCC Italy, approved by Ital. Minister for Univers. Full Member NYIGT, Past-Presid. & Honorary Member of EAGT. Editor journals Studies in GT. Dialogical Bridges & Quaderni di Gestalt.

034 - Two Become One And Then There Are None! - From A Fusion Model To A Connection Model

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Workshop

The Resnicks will present a unique model of Relationships and Couples Therapy distilled from 45 years of practice and teaching. A theoretical overview will be followed by live and/or video demonstrations. Questions, comments and comparisons are encouraged. Bring your biases, ability to perceptually reorganize and - importantly - your sense of humor.

1. The complex basic human dilemma: How to be connected with another and maintain a self... „Two-ness“ - a pre-requisite for connection.
2. The phenomenology of difference and how couples view and deal with difference – the nexus of most couple issues.

Sprache/language: englisch/english.

Rita F. Resnick, M.S.W., Ph.D., Co-author: Supervision: A Collaborative Endeavor, Gestalt Rev 4:121-137. Gestalt and Couples Therapy Trainer. Faculty Chair, GATLA European Programs since 1991.

The Resnicks are frequently happily married.

Robert W. Resnick, Ph.D., Gestalt and Couples Therapy International Trainer. Chosen by Fritz Perls to introduce Gestalt Therapy to Europe in 1969. GATLA European Residential, 39 years.

Yes, the Resnicks are frequently happily married.

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Workshop

035 - Discovering and Owning the Polarities Within and Between Us: Growth in a Changing World.

Gestalt Polarities relate to opposites that complement each other and are part of one whole. We all have endless internal poles: being an extrovert vs. introvert, optimistic vs. pessimistic, emotional vs. rational. In this workshop we will get in touch with both our dominant poles as well as their opposite more hidden ones. We will look at these poles as two sides of a continuum where the opposites do not exclude each other. In an experiential way we will recognize our polarities and experience moving to different places on the continuum between them. Reconnecting with our underdeveloped characteristics will allow us to create a fuller richer self.

Sprache/language: englisch/english.

Tali Mirkin, M.A. is a psychologist at Ben Gurion University in Israel, specializes in gestalt individual and group work with students and gifted children. She is a founding member of IsraGIC and leads Gestalt workshops in Israel and abroad.

Yona Weiss, PhD. is a clinical social worker and a family therapist, and teaches Gestalt courses at Haifa University and Zefat College in Israel. Dr. Weiss is a founding member of IsraGIC, and has led gestalt workshops in Israel and abroad.

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Workshop

036 - Fremd sein ... in der Fremde arbeiten ... Kulturschock ... Fremde? - Die Auswirkungen von Migration auf Patienten und ihre Psychotherapeuten am Beispiel von Anpassungsstörungen.

Das Fremdsein und das Arbeiten in der Fremde können zum Kulturschock und dessen vielfältigen Folgen führen. In diesem Workshop sollen sowohl die Auswirkungen der Migration auf Personen, die unter Anpassungsstörungen leiden, wie auch auf Psychotherapeuten, die mit ihnen arbeiten und selbst emigriert sind, exploriert werden. Interkulturelle Aspekte vom Setting, die Definition des Therapieziels, Aspekte des mitmenschlichen Feldes und therapeutische Interventionen werden anhand von Praxisbeispielen und kurzen Experimenten reflektiert.

Amendt-Lyon, Nancy, geb. 1950 in New York, Studium der Psychologie in N.Y., Genf u. Graz, Psychotherapeutin, Supervisorin in freier Praxis; EAGT Mitglied; Vors. der Österreichischen Vereinigung für Gestalttherapie (ÖVG) www.oevg-gestalt.at; Lehrtätigkeit an der Akademie für psychotherap. Medizin u. Österr. Akademie f. Psychologie; Redakt. Mitarbeit bei Gestalttherapie: Forum für Gestaltperspektiven, Gestalt Review und Studies in Gestalt Therapy: Dialogical Bridges; Mit herausgeberin des Buches: Die Kunst der Gestalttherapie: Eine schöpferische Wechselbeziehung

Sprache/language: deutsch/german

Akoun, Delphine, geb. 1968 in Senlis (Frankreich), Sprachwissenschaftlerin, Theaterpädagogin und Gestalttherapeutin (DVG), Geschäftsführerin des Fortbildungsunternehmens Kommunikation Akoun & Scholten, Fortbildungsleiterin im Gestalt-Institut-Frankfurt/Main, Coach, Supervisorin und Paartherapeutin in eigener Praxis, Redaktionsmitglied der Gestalttherapie. Lebt seit ihrem 18. Lebensjahr in Deutschland.

037 - Wandel und LebensRaum.

Wandel vollzieht sich immer in Räumen: in den äußeren Räumen von Stadt, Landschaft, Wohnhäusern und Arbeitsplätzen und in den inneren Räumen von Körper, Geist und Seele. So widmet sich der Workshop dem vielfältigen menschlichen LebensRaum. Als Zugang zum Thema nutze ich das Ihnen vertraute Wohnen und Ihre Erfahrungen mit Häusern und Gebäuden. Sie befassen sich mit dem Zusammenspiel und der Wechselwirkung von innerer Architektur und (Innen)Architektur. Ziele sind u.a., mittels der Gestalttherapie Ihre Wahrnehmung für Raumqualitäten zu verfeinern und diese für ein gelingendes Leben in komplexen Zeiten zu gewinnen.

Sprache/language: deutsch/german

Dipl.-Ing. Gasser, Luitgard, Innenarchitektin AKNW und Gestalttherapeutin, European Certificate for Psychotherapy. Seit 1993 in Freier Praxis und als Referentin tätig. Lehrbeauftragte Architektur & Psychologie FH Aachen (2006-2008).

038 - Die sanfte Wandlungskraft des Atems.

Angesichts einer sich schnell verändernden Welt stehen wir den Herausforderungen unseres Daseins oft verunsichert gegenüber. Mit der Hinwendung zu unserem Atem erschließen wir uns eine unerschöpfliche Ressource. Durch das Zusammenwirken von leiblichen, seelischen und geistigen Kräften im zugelassenen Atem entwickeln wir Substanz und erfahren einen Zustand von Geborgenheit und Selbstvertrauen im Wandel. Wir begreifen uns neu, finden Antworten auf unsere Fragen und können uns dem Leben besser öffnen. Wir entwickeln Ich-Kraft und leben atmend in dieser Welt.

Sprache/language: deutsch/german

Kutscher, Gertrud, arbeitet seit über fünfzehn Jahren als Atem -und Stimmtherapeutin. Sie ist ausgebildet am Ilse-Middendorf-Institut Berlin. Vor ihrer Tätigkeit als Atemtherapeutin war sie Mitbegründerin und langjährige Mitarbeiterin einer Einrichtung für drogenabhängige Frauen.

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