

Case studies by therapy students

5th Int'l Conference on Research in Gestalt Therapy
Hamburg, 4 Sept 2022

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www.gestalt.no

R&D at NGI

From 'What is that?'



Illustration by Bruce Mars, Unsplash.

R&D at NGI

To:

Own scientific recognised journal

Professor and associate professors

R&D strategy and group

Several research projects

Students participating in research

And more

<https://gestalt.no/om-ngi/forskning-og-utvikling/>



Illustration by Bruce Mars, Unsplash.



Confusion about the final student exam - among trainers and students.

- lecture on science and research
- conversation with trainers
- qualitative study 2018-2019

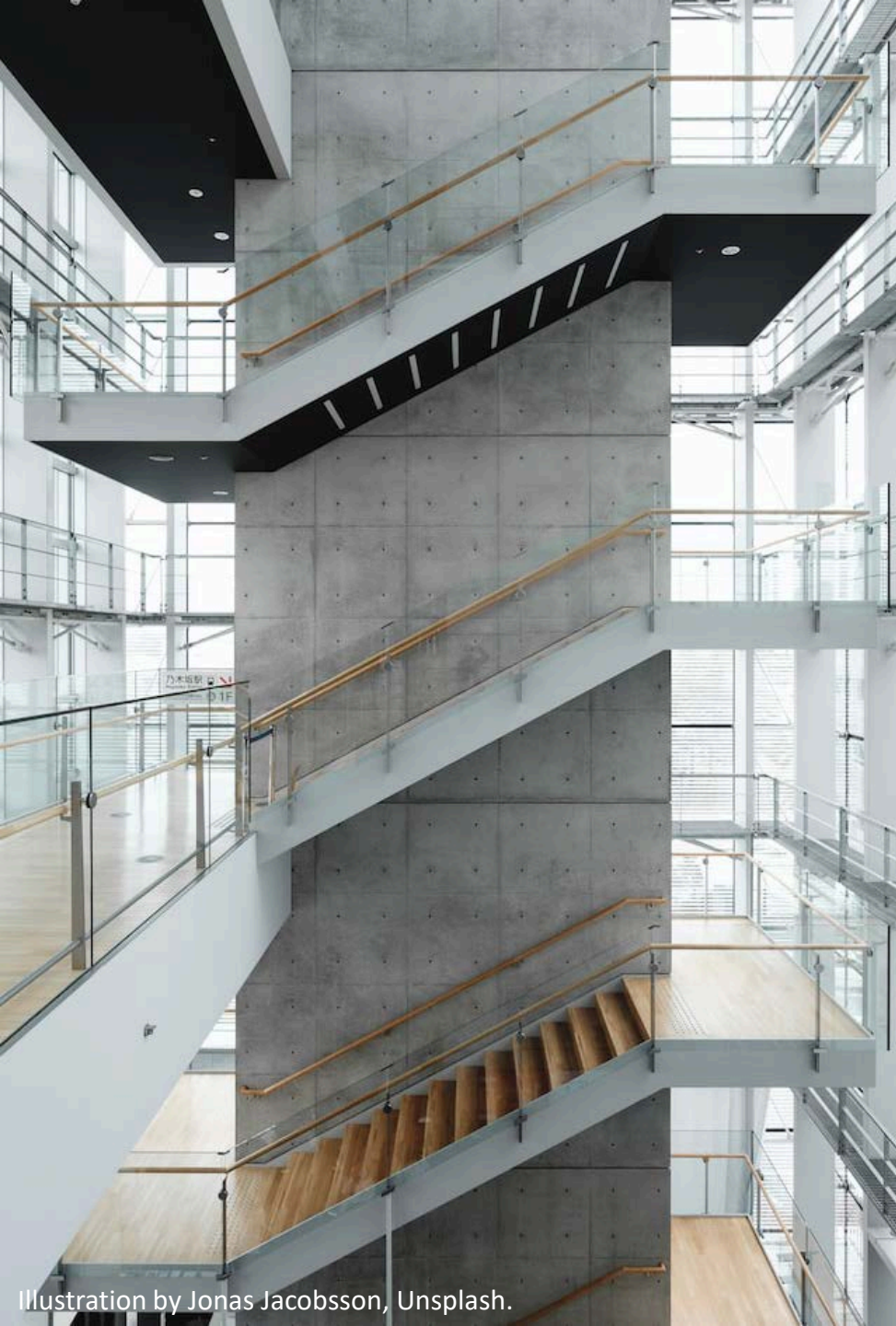
«Vi blir bedre håndverkere» (in Norwegian) available at <http://vikram.no/tekst/>

Findings

Origin and motivation

'I just want us to research our craft,
so we become better craftsmen'





Findings

Scientific level

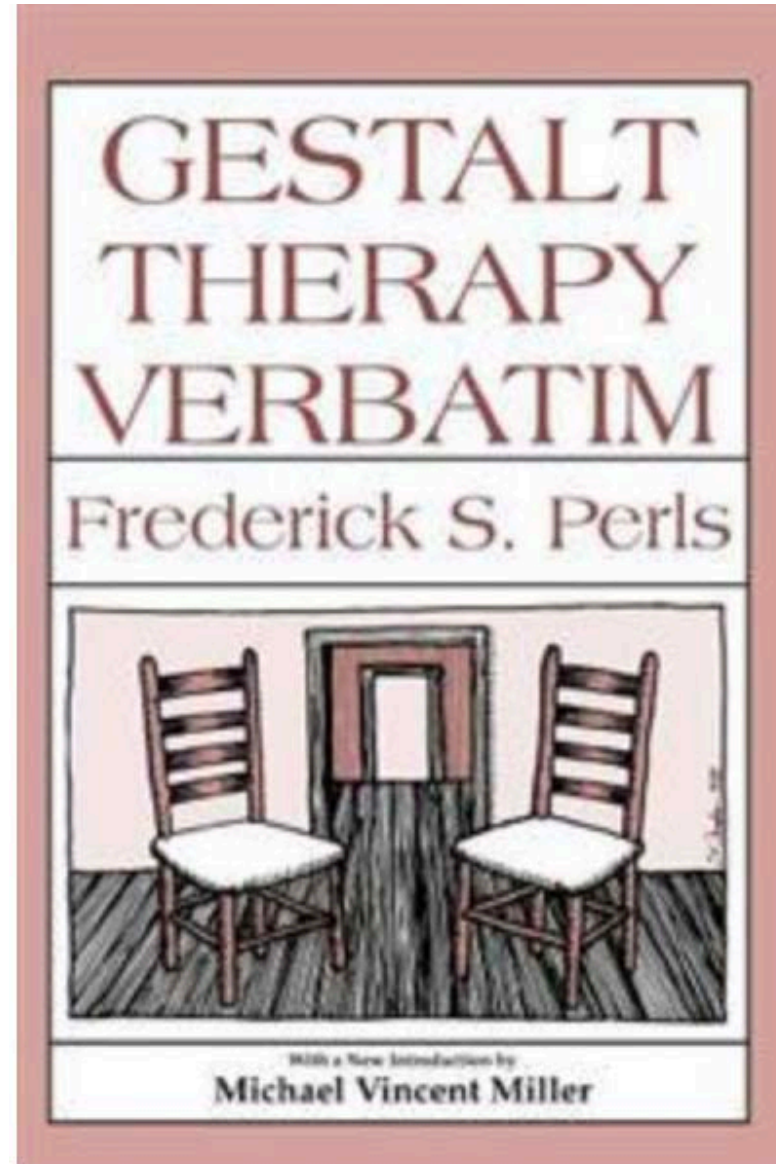
‘How high we set the requirements’

Not either scientific or not – more an attitude and question of degrees

Findings

Verbatim

'A gestalt way to present client work'



Findings

Research approach

‘We are participatory and we are phenomenological’





The I in Science

Training to Utilize Subjectivity
in Research

Judith R. Brown



Findings

Reflexivity

'Just use the academic word for it'



Findings

Data collection

‘When verbatim is based on what you remember from a situation’

Findings

Data analysis

‘interpretive phenomenological analysis because I think it suits me’



Current written exam instructions

The final written assignment is a home exam in which the student describes and reflects on how he/she uses Gestalt therapy in clinical practice.

Current written exam instructions

The aim of the exam is to show

- how the student uses gestalt therapy in practical work
- that the student can describe and discuss Gestalt theory in light of a research question/problem statement and verbatim
- that the student has learned to think independently and critically

Current written exam instructions

1. Introduction

Incl research question

2. Method

- Describe the research process and reflect on case study as method and verbatim as data
- Describe limitations and weaknesses
- Ethical reflections

3. One gestalt model

(i.e. awareness, one of the contact forms, contact process, theory of self, etc.)

4. Verbatim (min 2 - max 4) from more than one conversation/therapy session

- The client is anonymised and must give oral consent
- The choice of verbatim must be relevant to the issue and must be taken from professional work with people
- Refer and describe sequences of what student/therapist and client say and do together, preferably with the therapist's short comments along the way

5. Verbatim is discussed in light of research question and with reference to the gestalt model

6. Final remarks

Thank you for your attention!

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