

Implementation Rules of the Deutsche Vereinigung für Gestalttherapie (DVG) for the Admittance of Members

(as of: October 2020)

1. Criteria for full membership (of individuals)

1.1. The DVG gives itself guidelines for the training of gestalt therapists / gestalt supervisors / gestalt counsellors and for their admission as members.

1.2. Any natural person who has completed an eligible training and/or further training in gestalt therapy / gestalt supervision / gestalt counselling at an institute that is recognised by the DVG or is able to provide evidence of another comparable training/further training can become a full, individual member.

1.3. The numbers of hours stated below under Points 1.5 to 1.8 shall serve as a guide for the time and extent [of the training].

1.4. In the final analysis, the decision to admit a person as a full member shall, in the individual case, be made by the Board.

1.5. Requirements for acquiring full membership and the curriculum for gestalt therapists as qualification for the title “GestalttherapeutIn DVG”

1.5.1. Entrance requirements for the training:

- a university or equivalent academic degree in psychology, medicine or another human science. Exceptions are admissible in cases where there are well-founded reasons.
- Before the start of the training a selection procedure designated as such is carried out. The candidates are selected on the basis of personal and professional skills and suitability.

1.5.2. There is a minimum of 1450 hours with the content of:

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|---|-----------|
| - Personal self-experiencing work in a group | 170 hours |
| - Individual training therapy | 80 hours |
| - Theory and practice (incl. psychopathology): | 600 hours |
| - of which up to 200 hours taught tutorial | |
| - Supervision | 150 hours |
| - Treatment practice | 400 hours |
| - Theory/practice seminars and congresses | 50 hours |
| according to personal preference (cf. EAGT subject catalogue) | |
| - submission of a final paper, final colloquium | |

Total **1,450 hours**

1.5.3. With the fulfilling of these mentioned criteria the title „GestalttherapeutIn DVG“ is given. The European Standards of the EAGT are herewith fulfilled.

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for the Admittance of Members

(as of: October 2020)

1.6. Requirements for gestalt child and adolescent therapists to obtain full membership and the curriculum GestalttherapeutIn Kinder und Jugendliche as basis for acquiring the title „GestalttherapeutIn für Kinder und Jugendliche DVG“

1.6.1. Criteria for the training of gestalt child and adolescent therapists

1.6.1.1. Entrance requirements for the training:

- A university or equivalent academic degree in human science. Exceptions are admissible in cases where there are well-founded reasons.
- Before the start of the training a selection procedure designated as such is carried out. The candidates are selected on the basis of personal and professional skills and suitability.

1.6.1.2. The training has a minimum of 1450 hours with the content of

- Personal self-experiencing work in a group	170 hours
- Individual training therapy	80 hours
- Theory and practice (incl. psychopathology):	600 hours
- of which up to 200 hours taught tutorial	
- Supervision	150 hours
- Treatment practice	400 hours
- Theory/practice seminars and congresses	
according to personal preference (cf. EAGT subject catalogue)	50 hours
- submission of a final paper, final colloquium	
Total	1,450 hours

1.6.2 Criteria for a further training program of 1,5 years, in gestalttherapy for children and adolescents

1.6.2.1. Entrance requirements for the training:

- At least a 3 years of training in gestalttherapy or gestalt counselling
- in individual cases the training institute proves and decides which topics, done in other institutes before, are accepted.
- At the end of the training at least 1450 hours of training have to be done
- Selection procedure of the training institute

1.6.2.2. The training has a minimum of 240 hours with the content of

- Theory and methodology	120 hours
- Gestalt supervision, single and in groups	40 hours
- Practice	80 hours
- submission of a final paper, final colloquium	

With the fulfilling of these mentioned criteria the title „GestalttherapeutIn für Kinder und Jugendliche DVG“ is given.

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(as of: October 2020)

1.7. Requirements for acquiring full membership as a gestalt supervisor and for the curriculum for gestalt supervisors as basis for acquiring the title of “Gestalt Supervisor DVG”

*1.7.1. Criteria for further training – **lasting at least three years** - in gestalt supervision*

1.7.1.1. Entrance requirements for the further training

- A university or equivalent academic degree; in special cases exceptions shall be admissible for persons able to submit evidence of many years of practice in an educational, social work, therapeutic or industrial context;
- at least five years' professional experience
- evidence of at least 150 hours of further training in personal, social and/or counselling skills
- evidence of supervision or coaching of applicant's own professional practice over an extended, continuous period
- selection procedure of the training institute

1.7.1.2. The minimum criteria for the further training are 530 hrs. with the following components:

- at least 420 hrs. personal self-experiencing, theory and methods and fields of application;
- 40 sessions of individual or group training supervision (i.e. supervision of the trainee's own supervisory practice);
- 70 sessions of supervision practice (individual, group and team supervision: 2 processes in the abovementioned forms of supervision, at least 45 hrs.);
- submission of a final paper, final colloquium

*1.7.2. Criteria for post-qualification training – **lasting at least one-and-a-half years** – in Gestalt supervision*

1.7.2.1. Entrance requirements for post-qualification training:

- five years of professional practice
- completion of at least 3 years' further training in gestalt counselling or gestalt education, or basic training in gestalt therapy lasting at least 450 hrs.
- evidence of at least 25 hours of supervision or coaching of the applicant's own professional practice
- selection procedure of the training institute

1.7.2.2. Minimum criteria for the further training:

- at least 170 hrs. theory, methods and fields of application;
- 35 sessions of individual and group training supervision (i.e. supervision of applicant's own supervisory practice)
- 45 sessions of supervision practice (individual, group and team supervision: two processes in the abovementioned forms of supervision comprising);
- submission of a final paper, final colloquium

1.7.3. Candidates meeting the above criteria shall be awarded the title “Gestalt Supervisor DVG”

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(as of: October 2020)

1.8. Requirements for acquiring full membership as a Gestalt counsellor and for the curriculum for gestalt counsellors as basis for acquiring the title of “GestaltberaterIn DVG”

1.8.1. Entrance requirements for the further training

- a university or equivalent academic degree or a finished education in a subject which requires knowledge of counselling
- at least three years' professional experience
- selection procedure of the training institute

1.8.2. A minimum of 455 hours training, with the components:

- at least 60 hrs. personal self-experiencing work;
- at least 225 hrs. theory and methods,
- at least 55 hrs. supervision
- at least 115 hrs. documented counselling practice – including triad work and colleague groups
- submission of a final paper, final colloquium

1.8.3. Candidates meeting the above criteria will be awarded the title “Gestalt Counsellor DVG”.

Also the standards of DGfB (Deutsche Gesellschaft für Beratung) are fulfilled.

2. Criteria for institutional membership

2.1. General requirements

2.1.1. Printed / published training guidelines (curriculum) showing the training course and its contents in detail (cf. 1.5. – 1.8.).

2.1.2. The trainers/teachers and training therapists meet the criteria of the DVG and are full members of DVG.

2.1.3 The trainees' qualifications meet the criteria stated in the DVG's guidelines (cf. 1.5. – 1.8.).

2.1.4. The training institutes have a legal form whose articles of association or constitution shall be submitted.

2.1.5. Training institutes applying for membership should have been in existence for at least five years and have to provide at least one training course following the Implementation Rules of the Deutsche Vereinigung für Gestalttherapie (DVG) for gestalttherapists, gestaltcounsellors oder gestaltsupervisors. The institutes have to have completed at least one course in gestalttherapy, gestaltcounselling oder gestaltsupervision according to DVG rules.

2.2. The trainers and supervisors recognised by the member institutes shall fulfil the following criteria:

2.2.1. A university or equivalent academic degree in psychology, medicine or another human science. Exceptions shall be admissible in certain well-founded cases;

2.2.2. For gestalttherapy and gestalttherapy for children and adolescents (1.5., 1.6.) evidence of at least four years' training in gestalt therapy meeting the DVG guidelines;

For gestaltsupervision (1.7.) evidence of an at least three year in gestalttherapy, gestaltcounselling training and a training in supervision or gestaltsupervision.

For gestaltcounselling (1.8.) evidence of at least three years' training in gestalt counselling meeting the DVG guidelines or a four year training in gestalttherapy.

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2.2.3 For gestalttherapy and gestalttherapy for children and adolescents: evidence of at least five years' clinical practice of psychotherapy, at least four of these years after concluding the training in gestalt therapy.

For gestaltsupervision: evidence of at least four years practise as supervisor, at least three of these years after concluding the training in gestalt supervision.

For gestaltcounselling: evidence of at least four years practise as counsellor, at least three of these years after concluding the training in gestalt counselling.

2.2.4. They can provide evidence that they have submitted their practice as gestalt therapists, gestalttherapist for children and adolescents, gestalt counselling or gestaltsupervision to continuous supervision and that they have suitable colleagues available on whom they can call to provide supervision should the need arise.

2.2.5. They accept the professional ethics commitments of the DVG.

2.2.6. They commit themselves vis-à-vis the DVG to continuous further development in the theory and practice of gestalt therapy, gestalt therapy for children and adolescents, gestalt counselling or gestaltsupervision.

2.2.7. Teaching staff specialising in other subjects and with a different vocational training can participate in the training programme, provided that the individuals in question are specially qualified to do so.

2.2.8. The trainers shall demonstrate their ability to teach by providing evidence of their teaching qualifications.

2.3. The training therapists recognised by the member institutes shall fulfil the following criteria:

2.3.1. A university or equivalent academic degree in psychology, medicine, or another human science. Exceptions shall be admissible in certain well-founded cases.

2.3.2. For gestalttherapy and gestalttherapy for children and adolescents (1.5., 1.6.) evidence of at least four years' training in gestalt therapy meeting the DVG guidelines;

For gestaltsupervision (1.7.) evidence of an at least three year training in supervision or gestaltsupervision according to DVG or DGSv regulations. The training must be compatible to the basics of gestalttherapy.

For gestaltcounselling (1.8.) evidence of at least three years' training in gestalt counselling meeting the DVG guidelines or a four year training in gestalttherapy.

2.3.3 For gestalttherapy and gestalttherapy for children and adolescents: evidence of at least five years' clinical practice of psychotherapy, at least three of these years after concluding the training in gestalt therapy.

For gestaltsupervision: evidence of at least three years practise as supervisor, at least two of these years after concluding the training in gestalt supervision.

For gestaltcounselling: evidence of at least three years practise as counsellor, at least two of these years after concluding the training in gestalt counselling.

2.3.4. They can demonstrate that they have submitted their practice as gestalt therapists gestaltsupervision with ongoing supervision and that they have suitable colleagues available on whom they can call to provide supervision should the need arise.

2.3.5. They accept the professional ethics commitments of the DVG.

2.3.6. They commit themselves vis-à-vis the DVG to continue further development in the theory and practise of gestalt therapy, gestalt therapy for children and adolescents, gestaltcounselling or gestaltsupervision.

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